



海天體育會游泳部

HOI TIN ATHLETIC ASSOCIATION

志佩游泳會有限公司

CHI PUI SWIMMING CLUB LIMITED

主辦之2020年第三期游泳班章程

本會簡介及宗旨

本會自1947年成立至今，在過去一直推動游泳發展，藉以提高香港游泳水平。歷年來，本會有多名泳員打破香港紀錄，並代表香港參加國際賽事均有出色表現。2011年世界盃短池賽，泳員**黃鎔威**於男子200米自由泳勇奪金牌，同時亦是香港在世界賽游泳項目的首面金牌，成績令人鼓舞；泳員**郭建明**於第十三屆亞運會中奪得一面男子四百米自由泳銅牌；泳員**李亮葵**於第十五屆亞運會中奪得一面自由泳接力銅牌；泳員**馬希彤**及**于蕙婷**於第十六屆亞運會中再創佳績，共奪得兩面銅牌。另外更於2014年仁川亞運會中，本會亦有2女8男代表香港出戰游泳項目，泳員**鄭莉梅**於女子4x100米及4x200米自由泳接力奪得兩面銅牌，泳員**黃竟豪**、**黃鎔威**、**麥浩麟**及**張健達**於男子4x100米自由泳接力賽奪得一面銅牌，再一次為泳壇發放異彩。

而本會的教學宗旨是貫徹採用實用及有效的新方法授泳，並保證習泳者之安全及身心健康得以正常發展。使參加者在短期內學會游泳及提高游泳水準，從而享受游泳樂趣。

本會最新消息

2019年香港公開游泳錦標，本會得到各泳員、家長及教練的支持，在32個個人項目及6個接力項目中，我們共取得16金9銀11銅的佳績，更奪得男團、女團及全場總冠軍！

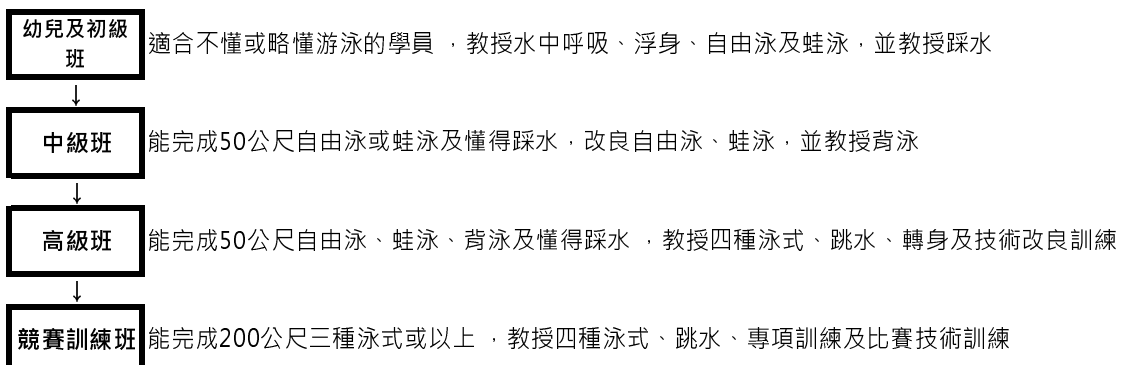
第二屆全國青年運動會劉平兒打破了女子13-14歲組50米及100米蝶泳分齡紀錄及青少年紀錄！

本會男子接力隊黃明康、黃竟豪、劉平治及郭俊希於第一組短池分齡游泳比賽(第二部)男子4x200米自由泳接力中，以7:29.50的成績刷新了本會保持的男子香港紀錄！小將劉建希於100米蝶泳中以1:06.24刷新男子10歲或以下組短池100米蝶泳短池分齡紀錄！

第十屆亞洲分齡錦標賽，本會於個人項目中共取得5金3銀6銅的成績，而接力項目中共取得4金8銀3銅的成績，泳員卓銘浩(15-17歲組)及劉平兒(13-14歲組)取得該組別的最佳泳員獎！劉平兒於50米、100米及200米蝶泳中，更刷新了13-14歲組女子長池香港分齡紀錄，同時打破了100米蝶泳香港女子青少年紀錄！

教練資歷

由多位持有香港業餘游泳總會註冊教練證書的資深專業教練主教。



精英教練 雲集海天

課堂須知









- 1)請按照所報班別之時間和地點，於上課前15分鐘到達泳池報到，家長請自行接送子女。
- 2)請帶齊泳衣褲、泳鏡、毛巾、拖鞋等，每次上課時必須戴上本會泳帽。(提示幼童可穿著游泳專用紙泳褲或學習褲)
- 3)本會著重安全第一，因此參加者必須聽從教練指示，未經許可不得上水或下水，違規者將勒令即時退出，所繳費用則不獲發還。
- 4)教練與學生比例均為1:4(幼兒班)、1:4-6(初級班)及1:8-12(中級、高級班)，並分組教授。
- 5)如學員蒙受任何身體損傷或財物損失，本會概不負責。
- 6)如遇特別情況，本會保留更改課程原定導師、上課時間及地點之權利。
- 7)首選泳班如被接納不再另行通知；如需確認報名或索取收據請自行致電本會查詢。
- 8)除課程滿額或取消外，一切已繳費用，概不退還，亦不得轉讓他人或作其他用途。

請假/補堂

- 1)游泳訓練的連貫性十分重要，為了達到合理的成效，學員必須盡量依時出席。
- 2)不論任何請假，每期不可多於一堂，可於開班後自行致電本會預約補課，必須於請假日期起半年內進行補課，逾期概不受理。
- 3)補課當日缺席之學員(不論任何情況)**將不獲第2次補課安排。**

進度評核

- 1)學員安排於每年第一期及第三期泳班完結前進行評估，讓家長了解學員的進度及獲發成績報告表，並按程度升遷及調配。
- 2)本會將於泳班最後1堂派發「學習紀錄表」，任何當日缺席或請假之學員須於泳班完結後3個月內自行到泳池領取，如欲索取逾期「學習紀錄表」本會將收取代每張\$50手續費。
- 3)如需額外發出證書或證明信，本會將收取每封\$50行政費

		 雷暴 Thunderstorm	 Amber 黃	T1	L3	 Red 紅	 Black 黑	 8 NE 東北	 9	 +10
香港仔浸信會 呂明才書院室外游泳池	照常				取消					
啟歷國際學校 室內恆溫游泳池	照常				取消					
其他 室外 游泳池	照常				取消					
其他 室內 游泳池	照常				取消					

*備註:

- 1)若天文台宣佈(本會停課)訊號生效前二小時及以後之課堂將會取消並會安排補課。
- 2)教練會觀察當時情況決定學員是否適宜下水，如天氣情況不適宜下水，教練會安排學員於陸上有蓋位置練習游泳姿勢及體能練習。
- 3)如場地未能開放，本會收到通知後會儘快聯絡家長/學員。
- 4)**復課安排:香港天文台宣佈除下訊號後2小時及其後的課堂將會回復正常。**

辦公時間:逢星期一至五:0930-1800,星期六:0930-1300

星期日及公眾假期休息

辦公時間致電本會: 25721428 非辦公時間電話: 66451461 傳真:
25728468

辦事處: 灣仔灣仔道83號27樓

本會網址: <http://www.hoitin.net> 電郵地址: info@hoitin.net

聖保祿學校室內暖水游泳池

地址:銅鑼灣禮頓道140號 140 Leighton Street, Causeway Bay

水深:0.9米至1.25米(25米專用泳線) Water depth: 0.9m-1.25m(25m exclusive lines)

初、中、高班分組同時進行(適合5歲或以上學員參加)

Elementary, Intermediate & Advanced classes will proceed in the same time slot(Suitable For Children aged 5 or above)

附設池底專用台板·升高水位 Additional platform set up for raising the water level

備註:家長可免費入場觀看子女·需自備清潔泳池拖鞋方可進入泳池

Remarks: Free entry for Parents/Guardians.Please be reminded to bring and change your own clean slippers before entering the pool

專用泳池
Exclusive pool



幼兒班 (適合3-4歲學員參加)

提示幼童可穿著游泳專用紙泳褲或學習褲

編號 Code	日期 Period	星期 Day	時間 Time					每堂 Per lesson	堂數 Lessons	費用 Fee
SP13N	27/7-31/8	一、三 Mon, Wed	10:00-10:50am	11:00-11:50am	12:00-12:50pm			\$180 \$170	11	\$1,870
	20/7-31/8		2:00-2:50pm	3:00-3:50pm					13	\$2,210
SP24N	28/7-27/8	二、四 Tue, Thur	10:00-10:50am	11:00-11:50am	12:00-12:50pm			\$180 \$170	10	\$1,700
	21/7-27/8		2:00-2:50pm	3:00-3:50pm					12	\$2,040
SP1N	20/7-7/9	一 Mon	4:00-4:50pm	5:00-5:50pm	6:00-6:50pm			\$180	8	\$1,440
SP2N	21/7-8/9	二 Tue	4:00-4:50pm	5:00-5:50pm	6:00-6:50pm					
SP4N	23/7-10/9	四 Thurs	4:00-4:50pm	5:00-5:50pm	6:00-6:50pm					
SP5N	24/7-28/8	五 Fri	2:00-2:50pm	3:00-3:50pm						
	24/7-11/9		4:30-5:20pm	5:30-6:20pm	6:30-7:20pm			8	\$1,440	
SP6N	25/7-12/9	六 Sat	8:30-9:20am	9:30-10:20am	10:30-11:20am	11:30-12:20pm	12:30-1:20pm			
SP7N	26/7-13/9	日 Sun	1:30-2:20pm	2:30-3:20pm	3:30-4:20pm	4:30-5:20pm	5:30-6:20pm			
			1:30-2:20pm	2:30-3:20pm	3:30-4:20pm	4:30-5:20pm	5:30-6:20pm			

學前幼兒班 適合1歲半至3歲小童

*5堂為一個單位
(師生比例1:2)

編號 Code	日期 Period	星期 Day	時間 Time					堂數 Lessons	費用 Fee
SP2PN	21/7-8/9	二 Tue	6:00-6:30pm	6:30-7:00pm				5	\$1,500
SP6PN	25/7-12/9	六 Sat	9:00-9:30am					5	\$1,500

現凡同時報兩個課程即可獲優惠\$100 ;

報三個游泳課程即可獲優惠\$200

Enroll 2 courses for a discount of \$100, while 3 courses can less \$200!

*由於租訂泳池之申請有待作實，如日期有任何更改，本會將另行通知。Special cancellation notice will be given upon any changes to the pool booking.

聖保祿學校室內暖水游泳池

St. Paul's Convent School Indoor Heated Swimming Pool

地址:銅鑼灣禮頓道140號 140 Leighton Street, Causeway Bay

專用泳池
Exclusive pool

編號 Code	日期 Period	星期 Day	時間 Time					每堂 Per lesson	堂數 Lessons	費用 Fee
SP-A	27/7-7/8	一至五 Mon-Fri	12:00-1:00pm					\$1400/10堂	不設補課 No MakeUp Class	
SP-B	10/8-21/8									
SP13	27/7-31/8	一、三 Mon,Wed	8:00-9:00am	9:00-10:00am	10:00-11:00am	11:00-12:00nn	12:00-1:00pm	\$160	11	\$1,650
	20/7-31/8		2:00-3:00pm	3:00-4:00pm					13	\$1,950
SP24	28/7-27/8	二、四 Tue,Thurs	8:00-9:00am	9:00-10:00am	10:00-11:00am	11:00-12:00nn	12:00-1:00pm	\$150	10	\$1,500
	21/7-27/8		2:00-3:00pm	3:00-4:00pm					12	\$1,800
SP1	20/7-7/9	一 Mon	4:00-5:00pm	5:00-6:00pm	6:00-7:00pm			\$160	8	\$1,280
	20/7-31/8		7:00-8:00pm						7	\$1,120
SP2	21/7-8/9	二 Tue	4:00-5:00pm	5:00-6:00pm	6:00-7:00pm	7:00-8:00pm		\$160	8	\$1,280
	21/7-25/8		8:00-9:00pm						6	\$960
SP3	22/7-26/8	三 Wed	4:00-5:00pm					\$160	6	\$960
	22/7-9/9		5:00-6:00pm	6:00-7:00pm	7:00-8:00pm				8	\$1,280
SP4	23/7-10/9	四 Thurs	4:00-5:00pm	5:00-6:00pm	6:00-7:00pm	7:00-8:00pm		\$160	8	\$1,280
SP5	31/7-28/8	五 Fri	10:00-11:00am	11:00-12:00nn	12:00-1:00pm			\$170	5	\$850
	24/7-28/8		2:00-3:00pm	3:00-4:00pm					6	\$1,020
	24/7-11/9		4:00-5:00pm	5:00-6:00pm	6:00-7:00pm	7:00-8:00pm	8:00-9:00pm			
SP6	25/7-12/9	六 Sat	8:00-9:00am	9:00-10:00am	10:00-11:00am	11:00-12:00nn	12:00-1:00pm	\$170	8	\$1,360
			1:00-2:00pm	2:00-3:00pm	3:00-4:00pm	4:00-5:00pm	5:00-6:00pm			
			6:00-7:00pm	7:00-8:00pm	8:00-9:00pm					
SP7	26/7-13/9	日 Sun	1:00-2:00pm	2:00-3:00pm	3:00-4:00pm	4:00-5:00pm	5:00-6:00pm	\$170	8	\$1,360
			6:00-7:00pm							

成人班 Adult Class

成人班以10堂為一單位，成人班參加人數如不足4人，將會取消

10 lessons for 1 course, class will be cancelled if less than 4 participants.

一經報名，必須於6個月內完成10堂課程，逾期無效。10 lessons should be completed within 6 months.

編號 Code	日期 Period	星期 Day	時間 Time					堂數 Lessons	費用 Fee
SP1	6/7-31/8	一 Mon	7:00-8:00pm					10	\$1,350
SP2	7/7-25/8	二 Tue	7:00-8:00pm						
SP3	1/7-26/8	三 Wed	7:00-8:00pm						
SP4	2/7-27/8	四 Thurs	7:00-8:00pm						
SP6	4/7-29/8	六 Sat	◆8:00-9:00am ◆(只適合能完成50米或以上自由式或蛙式)						
SP7	5/7-30/8	日 Sun	6:00-7:00pm						

現凡同時報兩個課程即可獲優惠\$100；

報三個游泳課程即可獲優惠\$200

Enroll 2 courses for a discount of \$100, while 3 courses can less \$200!

*由於租訂泳池之申請有待作實，如日期有任何更改，本會將另行通知。Special cancellation notice will be given upon any changes to the pool booking.

摩理臣山室內游泳池 Morrison Hill Indoor Swimming Pool

地址:灣仔愛群道7號(鄰近伊利沙伯體育館) 7 Oi Kwan Road, Wan Chai

初、中、高班分組同時進行(適合5歲或以上學員參加)

Elementary, Intermediate & Advanced classes will proceed in the same time slot(Suitable For Children aged 5 or above)

※初班之訓練只會在訓練池進行 ※Elementary class will only proceed in the training pool

備註:除不對外開放時段或比賽日外,家長需自備清潔泳池拖鞋並自費入場觀看上課情況

Remarks:Parents/Guardians are required to pay the entrance fee. Please be reminded to bring and change your own slippers. No entry for parents/guardians during all session break.

(不對外開放時段:中午12時至下午1時 及 下午5時至6時) (Session break: 12nn to 1pm and 5pm to 6pm)

編號 Code	日期 Period	星期 Day	時間 Time				每堂 Per lesson	堂數 Lessons	費用Fee
MH1	27/7-28/8	一、三、五 Mon,Wed,Fri	8:00-9:00am	9:00-10:00am			\$135 \$115	15	\$1,725
MH15	27/7-28/8	一、五 Mon, Fri	10:00-11:00am	11:00-12:00nn	12:00-1:00pm			10	\$1,150
MH24	27-25/8	二、四 Tue,Thurs	2:00-3:00pm	3:00-4:00pm	4:00-5:00pm	5:00-6:00pm		6:00-7:00pm	16
MH5	3/7-11/9	五 Fri	5:00-6:00pm	6:00-7:00pm	7:00-8:00pm		\$135	11	\$1,485
MH6	4/7-12/9	六 Sat	9:00-10:00am	10:00-11:00am	11:00-12:00nn	12:00-1:00pm			
			3:45-4:45pm	5:00-6:00pm					

成人班 Adult Class

成人班以10堂為一單位,成人班參加人數如不足4人,將會取消

10 lessons for 1 course,class will be cancelled if there are less than 4 participants.

一經報名,必須於6個月內完成10堂課程,逾期無效。10 lessons should be completed within 6 months.

編號 Code	日期 Period	星期 Day	時間 Time				堂數 Lessons	費用Fee
MH1	3/7-31/8	一、三、五 Mon,Wed,Fri	9:00-10:00am				10	\$1,350
MH24	27-25/8	二、四 Tue,Thurs	7:00-8:00pm					

南島國際學校室內恆溫游泳池 South Island School Indoor Heated Swimming Pool

地址:香港仔南風道50號 50 Lam Fung Road, Aberdeen

專用泳池
Exclusive pool

以下是途經學校之巴士: 41A-北角碼頭至華富 或 76-銅鑼灣摩頓台至石排灣

Bus Routes which pass by the school are listed as below: 41A-North Point Harbour to Wah Fu OR 76-Causeway Bay(Moreton Terrace) to Shek

幼兒、初、中、高班分組同時進行(適合3歲或以上學員參加)

Nursery,Elementary, Intermediate & Advanced classes will proceed in the same time slot(Suitable For Children aged 3 or above)

備註:家長可免費入場觀看子女,需自備清潔泳池拖鞋方可進入泳池

Remarks: Free entry for Parents/Guardians.Please be reminded to bring and change your own clean slippers before entering the pool

編號 Code	日期 Period	星期 Day	時間 Time				每堂 Per lesson	堂數 Lessons	費用Fee
SI7	26/7-13/9	日 Sun	2:00-3:00pm	3:00-4:00pm	4:00-5:00pm		\$145	8	\$1,160

現凡同時報兩個課程即可獲優惠\$100 ;

報三個游泳課程即可獲優惠\$200

Enroll 2 courses for a discount of \$100,while 3 courses can less \$200!

維多利亞公園室內游泳池 Victoria Park Indoor Swimming Pool

地址:銅鑼灣興發街維多利亞公園(近天后港鐵站) Victoria Park, Hing Fat Street, Causeway Bay(Near Tin Hau MTR Station)

初、中、高班分組同時進行(適合5歲或以上學員參加)

Elementary, Intermediate & Advanced classes will proceed in the same time slot(Suitable For Children aged 5 or above)

※初班之訓練只會在訓練池進行 ※Elementary class will only proceed in the training pool

備註:除不對外開放時段或比賽日外,家長需自備清潔泳池拖鞋並自費入場觀看上課情況

Remarks:Parents/Guardians are required to pay the entrance fee. Please be reminded to bring and change your own slippers. No entry for parents/guardians during all session break.

(不對外開放時段:中午12時至下午1時 及 下午5時至6時) (Session break: 12nn to 1pm and 5pm to 6pm)

編號 Code	日期 Period	星期 Day	時間 Time	每堂 Per lesson	堂數 Lessons	費用Fee
V24	28/7-27/8	二、四 Tue,Thur	9:00-10:00am 10:00-11:00am 11:00-12:00nn 2:00-3:00pm 3:00-4:00pm	\$135 \$115	10	\$1,150
	2/7-2/8		3:00-4:00pm 5:00-6:00pm		17	\$1,955
V35	22/7-28/8	三、五 Wed,Fri	1:00-2:00pm 2:00-3:00pm 3:00-4:00pm		12	\$1,380
V3	8/7-26/8	三 Wed	5:00-6:00pm		8	\$920
V5	24/7-11/9 (7/8停)	五 Fri	5:00-6:00pm 6:00-7:00pm 7:00-8:00pm	\$135	7	\$945
V6	25/7-12/9 (8/8停)	六 Sat	9:00-10:00am 10:00-11:00am 11:00-12:00nn 12:00-1:00pm 2:30-3:30pm 3:45-4:45pm 5:00-6:00pm			
V7	5/7-13/9 (9/8停)	日 Sun	9:00-10:00am 10:00-11:00am 11:00-12:00nn			
	5/7-13/9 (2/8,9/8停)		12:00-1:00pm	9	\$1,215	

現凡同時報兩個課程即可獲優惠\$100 ;

報三個游泳課程即可獲優惠\$200

Enroll 2 courses for a discount of \$100,while 3 courses can less \$200!

*由於租訂泳池之申請有待作實,如日期有任何更改,本會將另行通知。Special cancellation notice will be given upon any changes to the pool booking.

中山紀念公園室內游泳池 Sun Yat Sen Memorial Park Indoor Swimming Pool

地址: 香港西營盤東邊街北16號 16 Eastern Street North, Sai Ying Pun, Hong Kong

幼兒、初、中、高班分組同時進行(適合3歲或以上學員參加)

Nursery, Elementary, Intermediate & Advanced classes will proceed in the same time slot (Suitable For Children aged 3 or above)

備註: 家長可免費於看台上觀看上課情況 Remarks: Free entry of the Spectator's Area for Parents/Guardians.

(不對外開放時段: 中午12時至下午1時及 下午5時至6時) (Session break: 12nn to 1pm and 5pm to 6pm)

編號 Code	日期Period	星期 Day	時間 Time	每堂 Per lesson	堂數 Lessons	費用Fee
SYS13	20/7-19/8	一、三 Mon, Wed	2:00-3:00pm 3:30-4:30pm	\$135 \$115	10	\$1,150
SYS6	25/7-12/9	六 Sat	9:00-10:00am 10:00-11:00am 11:00-12:00nn 12:00-1:00pm	\$135	8	\$1,080

堅尼地城游泳池 Kennedy Town Swimming Pool

地址: 香港堅尼地城西祥街北2號 2 Sai Cheung Street North, Kennedy Town, Hong Kong

幼兒、初、中、高班分組同時進行(適合3歲或以上學員參加)

Nursery, Elementary, Intermediate & Advanced classes will proceed in the same time slot (Suitable For Children aged from 3 or above)

(不對外開放時段: 中午12時至下午1時及 下午5時至6時) (Session break: 12nn to 1pm and 5pm to 6pm)

編號 Code	日期Period	星期 Day	時間 Time	每堂 Per lesson	堂數 Lessons	費用Fee
KT5	24/7-11/9	五 Fri	4:00-5:00pm 5:00-6:00pm	\$135	8	\$1,080
KT6	25/7-12/9	六 Sat	2:30-3:30pm 3:45-4:45pm 5:00-6:00pm			

港島東室內游泳池 Island East Indoor Swimming Pool

地址: 西灣河鯉景灣(香港電影資料館側) Sai Wan Ho Lei King Wan (Near Hong Kong Film Archive)

初、中、高班分組同時進行(適合5歲或以上學員參加)

Elementary, Intermediate & Advanced classes will proceed in the same time slot (Suitable For Children aged 5 or above)

▲ 附設幼兒班(適合3-4歲學員參加) ▲ Nursery class, suitable for children aged 3-4

備註: 除不對外開放時段, 家長需自備清潔泳池拖鞋並自費入場觀看上課情況 Remarks: Parents/Guardians are required to pay the entrance fee. Please be reminded to bring and change your own slippers. No entry for parents/guardians during all session break.

(不對外開放時段: 中午12時至下午1時及 下午5時至6時) (Session break: 12nn to 1pm and 5pm to 6pm)

編號 Code	日期Period	星期 Day	時間 Time	每堂 Per lesson	堂數 Lessons	費用Fee
LK15	3/7-28/8	一、五 Mon, Fri	5:00-6:00pm▲ 6:00-7:00pm▲ 7:00-8:00pm	\$135 \$115	17	\$1,955
LK24	28/7-25/8	二、四 Tue, Thurs	8:00-9:00am▲ 9:00-10:00am▲ 10:00-11:00am 12:00-1:00pm▲ 1:00-2:00pm		9	\$1,035
	21/7-25/8		2:00-3:00pm		11	\$1,265
	2/7-25/8		5:00-6:00pm▲ 6:00-7:00pm▲ 7:00-8:00pm		16	\$1,840
LK3	1/7-2/9	三 Wed	5:00-6:00pm▲ 6:00-7:00pm 7:00-8:00pm	\$135	10	\$1,350
LK6	4/7-5/9	六 Sat	9:00-10:00am▲ 10:00-11:00am▲ 11:00-12:00nn 12:00-1:00pm 1:00-2:00pm 2:00-3:00pm▲ 3:00-4:00pm▲ 4:00-5:00pm 5:00-6:00pm			
LK7	5/7-6/9 (2/8停)	日 Sun	9:00-10:00am▲ 10:00-11:00am▲ 11:00-12:00nn 12:00-1:00pm▲ 1:00-2:00pm			

現凡同時報兩個課程即可獲優惠\$100 ;
報三個游泳課程即可獲優惠\$200

*由於租訂泳池之申請有待作實, 如日期有任何更改, 本會將另行通知。Special cancellation notice will be given upon any changes to the pool booking.



康怡花園一期C座室外游泳池 Kornhill Phase II Block C Outdoor Swimming Pool

地址: 鯽魚涌康怡花園康盛街22號 22 Hong Shing Street, Kornhill, Quarry Bay (Kornhill Recreation Club)

初、中、高班分組同時進行(適合5歲或以上學員參加)

Elementary, Intermediate & Advanced classes will proceed in the same time slot (Suitable For Children aged 5 or above)

▲附設幼兒班(適合3-4歲學員參加) ▲Nursery class, suitable for children aged 3-4

備註: 家長可免費於看台上觀看上課情況 Remarks: Free entry of the Spectator's Area for Parents/Guardians.

編號 Code	日期 Period	星期 Day	時間 Time	每堂 Per lesson	堂數 Lessons	費用 Fee
KHC24	21/7-25/8	二、四 Tue, Thurs	2:00-3:00pm▲	\$145 \$135	11	\$1,485
	2/7-25/8		6:00-7:00pm		16	\$2,160
KHC15	3/7-28/8	一、五 Mon, Fri	6:00-7:00pm▲		17	\$2,295
KHC3	1/7-26/8	三 Wed	6:00-7:00pm▲	\$145	9	\$1,305
KHC6	4/7-12/9	六 Sat	2:00-3:00pm▲		11	\$1,595

康怡花園二期H座室外游泳池 Kornhill Phase II Block H Outdoor Swimming Pool

地址: 鯽魚涌康怡花園康盛街12號 12 Hong Shing Street, Kornhill, Quarry Bay (Kornhill Recreation Club)

幼兒、初、中、高班分組同時進行(適合3歲或以上學員參加)

Nursery, Elementary, Intermediate & Advanced classes will proceed in the same time slot (Suitable For Children aged 3 or above)

▲附設幼兒班(適合3-4歲學員參加) ▲Nursery class, suitable for children aged 3-4

備註: 家長可免費於看台上觀看上課情況 Remarks: Free entry of the Spectator's Area for Parents/Guardians.

編號 Code	日期 Period	星期 Day	時間 Time	每堂 Per lesson	堂數 Lessons	費用 Fee	
KHH1	27/7-28/8	一、三、五 Mon, Wed, Fri	9:00-10:00am▲ 10:00-11:00am	\$145 \$135	15	\$2,025	
KHH24	28/7-25/8	二、四 Tue, Thurs	9:00-10:00am▲ 10:00-11:00am		9	\$1,215	
	21/7-25/8		3:00-4:00pm▲ 4:00-5:00pm▲		11	\$1,485	
KHH15	2/7-25/8		5:00-6:00pm 7:00-8:00pm		16	\$2,160	
	20/7-28/8	一、五 Mon, Fri	3:00-4:00pm▲ 4:00-5:00pm▲		12	\$1,620	
3/7-28/8	5:00-6:00pm 7:00-8:00pm		17		\$2,295		
KHH3	22/7-26/8	三 Wed	3:00-4:00pm▲ 4:00-5:00pm▲		6	\$810	
	1/7-26/8		5:00-6:00pm 7:00-8:00pm		9	\$1,215	
KHH6	4/7-12/9	六 Sat	9:00-10:00am▲ 10:00-11:00am 3:00-4:00pm▲ 4:00-5:00pm▲ 5:00-6:00pm 6:00-7:00pm▲		\$145	11	\$1,595
KHH7	5/7-13/9	日 Sun	9:00-10:00am▲ 10:00-11:00am 11:00-12:00nn 3:00-4:00pm▲ 4:00-5:00pm▲ 5:00-6:00pm				

*參加者必須為康怡花園俱樂部之課程活動會籍或學生會籍(專池時間除外)

辦理會籍支票抬頭: Kornhill Recreation Club Ltd

**課程活動會籍 (\$270) **學生會籍 (\$405)。

入會方法: 請連同一張照片(照片背後請寫上姓名及聯絡電話)及費用親臨康怡花園俱樂部(H座對面)辦理

*All comers must be the course membership or student membership of Kornhill Recreation Club (Except Exclusive pool)

現凡同時報兩個課程即可獲優惠\$100;

報三個游泳課程即可獲優惠\$200

Enroll 2 courses for a discount of \$100, while 3 courses can less \$200!

*由於租訂泳池之申請有待作實, 如日期有任何更改, 本會將另行通知。Special cancellation notice will be given upon any changes to the pool booking.



小西灣室內游泳池 Siu Sai Wan Indoor Swimming Pool

地址: 小西灣道15號小西灣綜合大樓一樓 1/F, Siu Sai Wan Complex, 15 Siu Sai Wan Road

初、中、高班分組同時進行(適合5歲或以上學員參加)

Elementary, Intermediate & Advanced classes will proceed in the same time slot(Suitable For Children aged 5 or above)

▲附設幼兒班(適合3-4歲學員參加)Nursery class, suitable for children aged from 3-4

備註:除不對外開放時段,家長需自備清潔泳池拖鞋並自費入場觀看上課情況 Remarks:Parents/Guardians are required to pay the entrance fee. Please be reminded to bring and change your own slippers. No entry for parents/guardians during all session break.

(不對外開放時段:中午12時至下午1時 及 下午5時至6時) (Session break: 12nn to 1pm and 5pm to 6pm)

編號 Code	日期Period	星期 Day	時間 Time	每堂 Per lesson	堂數 Lessons	費用Fee
SSW13	27/7-26/8	一、三 Mon, Wed	9:00-10:00am▲ 10:00-11:00am▲ 12:00-1:00pm 1:00-2:00pm▲ 2:00-3:00pm▲ 3:00-4:00pm▲	\$135 \$115	10	\$1,150
	20/7-26/8		7:00-8:00pm		12	\$1,380
SSW25	28/7-25/8	二、五 Tue, Fri	9:00-10:00am▲ 10:00-11:00am▲ 12:00-1:00pm 1:00-2:00pm▲ 2:00-3:00pm▲ 3:00-4:00pm▲	\$135 \$115	9	\$1,035
	21/7-25/8		7:00-8:00pm		11	\$1,265
SSW1	6/7-7/9	一 Mon	5:00-6:00pm	\$135	10	\$1,350
	20/7-7/9		6:00-7:00pm▲		8	\$1,080
SSW2	7/7-8/9	二 Tue	5:00-6:00pm	\$135	10	\$1,350
	28/7-8/9		6:00-7:00pm▲		7	\$945
SSW3	1/7-9/9	三 Wed	5:00-6:00pm	\$135	11	\$1,485
	22/7-9/9		6:00-7:00pm▲		8	\$1,080
SSW4	2/7-10/9	四 Thurs	5:00-6:00pm	\$135	11	\$1,485
	23/7-10/9		6:00-7:00pm▲		8	\$1,080
SSW5	3/7-11/9	五 Fri	5:00-6:00pm 7:00-8:00pm	\$135	11	\$1,485
	24/7-11/9		6:00-7:00pm▲		8	\$1,080
SSW6	25/7-12/9	六 Sat	9:00-10:00am▲ 10:00-11:00am▲ 12:00-1:00pm 1:00-2:00pm 2:00-3:00pm▲ 3:00-4:00pm 5:00-6:00pm 6:00-7:00pm▲	\$135	8	\$1,080
			SSW7		26/7-13/9 (2/8停)	日 Sun

現凡同時報兩個課程即可獲優惠\$100 ;
報三個游泳課程即可獲優惠\$200

本會尚於鰂魚涌康蘭居會所舉行游泳課程,詳情可致電康蘭居會所查詢。

康蘭居全天候室內恆溫游泳池

地點: 鰂魚涌康山道2號康蘭居9樓(地鐵太古C出口/吉之島樓上) 康蘭居會所電話: 2886-2311
We organize swimming classes for Grand Waterful at Quarry Bay. Please feel free to call for details.

GRAND WATERFUL INDOOR HEATED SWIMMING POOL

9/F., Grand Plaza Apartments, 2 Kornhill Road, Quarry Bay

(Exit C of Taikoo MTR station / above Jusco) Grand Waterful Club House Tel no.: 2886-2311

新增報名地點 New Registration Centre

Sunny Garden Smart Kids Centre 太陽村

地址: 北角道10號亞太廣場3樓

3/F North Point Asia Pac Centre, 10 North Point Road



*由於租訂泳池之申請有待作實,如日期有任何更改,本會將另行通知。Special cancellation notice will be given upon any changes to the pool booking.



大環山室外游泳池 Tai Wan Shan Swimming Pool

地址:紅磡環海街7號 7 Wan Hoi Street · Hung Hom

幼兒、初、中、高班分組同時進行(適合3歲或以上學員參加) Nursery, Elementary, Intermediate & Advanced classes will proceed in the same time slot(Suitable For Children aged 3 or above)

備註:除不對外開放時段·家長需自備清潔泳池拖鞋並自費入場觀看上課情況
Remarks:Parents/Guardians are required to pay the entrance fee. Please be reminded to bring and change your own slippers. No entry for parents/guardians during all session break.

(不對外開放時段:中午12時至下午1時 及 下午5時至6時) (Session break: 12nn to 1pm and 5pm to 6pm)

編號 Code	日期 Period	星期 Day	時間 Time	每堂 Per lesson	堂數 Lessons	費用 Fee
TWS2	21/7-18/8	二 Tue	9:00-10:00am 10:00-11:00am 11:00-12:00nn 2:00-3:00pm 3:00-4:00pm 4:00-5:00pm 6:00-7:00pm 7:00-8:00pm	\$135 \$115	5	\$575
TWS3	22/7-19/8	三 Wed	9:00-10:00am 10:00-11:00am 11:00-12:00nn 2:00-3:00pm 3:00-4:00pm 4:00-5:00pm 6:00-7:00pm 7:00-8:00pm			
TWS5	24/7-21/8	五 Fri	9:00-10:00am 10:00-11:00am 11:00-12:00nn 2:00-3:00pm 3:00-4:00pm 4:00-5:00pm 6:00-7:00pm 7:00-8:00pm	\$135	5	\$675
TWS6	25/7-5/9	六 Sat	9:00-10:00am 10:00-11:00am 11:00-12:00nn 2:00-3:00pm 3:00-4:00pm 4:00-5:00pm 6:00-7:00pm 7:00-8:00pm		7	\$945
TWS7	26/7-6/9 (2/8停)	日 Sun	9:00-10:00am 10:00-11:00am 11:00-12:00nn		6	\$810

新增場地

25米專用泳池
家長可入場觀看

英皇佐治五世學校游泳池

King George V School Swimming Pool

地址:何文田天光道2號 2 Tin Kwong Road Homantin, Kowloon

幼兒、初、中、高班分組同時進行(適合3歲或以上學員參加)
Nursery, Elementary, Intermediate & Advanced classes will proceed in the same time slot(Suitable For Children aged 3 or above)

備註:家長可免費入場觀看子女·需自備清潔泳池拖鞋方可進入泳池
Remarks: Free entry for Parents/Guardians. Please be reminded to bring and change your own clean slippers before entering the pool

編號 Code	日期 Period	星期 Day	時間 Time	每堂 Per lesson	堂數 Lessons	費用 Fee
KG6	25/7-5/9	六 Sat	9:00-10:00am 10:00-11:00am 11:00-12:00nn	\$155	7	\$1,085

現凡同時報兩個課程即可獲優惠\$100 ;

報三個游泳課程即可獲優惠\$200

Enroll 2 courses for a discount of \$100, while 3 courses can less \$200!

*由於租訂泳池之申請有待作實，如日期有任何更改，本會將另行通知。Special cancellation notice will be given upon any changes to the pool booking.



九龍公園游泳池 Kowloon Park Swimming Pool

地址:九龍尖沙咀柯士甸道22號九龍公園 22 Austin Road, Kowloon Park, Tsim Sha Tsui

初、中、高班分組同時進行(適合5歲或以上學員參加)

Elementary, Intermediate & Advanced classes will proceed in the same time slot(Suitable For Children aged 5 or above)

※(只適合中高級班) Only for Intermediate OR Advanced classes

備註:除不對外開放時段或比賽日外,家長需自備清潔泳池拖鞋並自費入場觀看上課情況

Remarks:Parents/Guardians are required to pay the entrance fee. Please be reminded to bring and change your own slippers. No entry for parents/guardians during all session break.

(不對外開放時段:中午12時至下午1時 及 下午5時至6時) (Session break: 12nn to 1pm and 5pm to 6pm)

編號 Code	日期 Period	星期 Day	時間 Time	每堂 Per lesson	堂數 Lessons	費用 Fee
K1	27/7-24/8	一 Mon	9:00-10:00am 10:00-11:00am 11:00-12:00nn 2:00-3:00pm 3:00-4:00pm 4:00-5:00pm	\$135 \$115	5	\$575
K3	29/7-19/8	三 Wed	9:00-10:00am 10:00-11:00am 11:00-12:00nn 2:00-3:00pm 3:00-4:00pm 4:00-5:00pm		4	\$460
K4	30/7-20/8	四 Thurs	9:00-10:00am 10:00-11:00am 11:00-12:00nn 2:00-3:00pm 3:00-4:00pm 4:00-5:00pm			
K5	31/7-21/8	五 Fri	9:00-10:00am 10:00-11:00am 11:00-12:00nn 2:00-3:00pm 3:00-4:00pm 4:00-5:00pm			
K6	25/7-12/9	六 Sat	9:00-10:00am 10:00-11:00am 11:00-12:00nn 12:00-1:00pm 1:00-2:00pm 3:00-4:00pm 4:00-5:00pm 6:00-7:00pm 7:00-8:00pm 8:00-9:00pm		\$135	8
	25/7-12/9 (15/8停)		5:00-6:00pm※	7		\$945
K7	26/7-13/9 (2/8停)	日 Sun	9:00-10:00am 10:00-11:00am 11:00-12:00nn			

沙田學院室內恆溫游泳池 Sha Tin College Indoor Heated Swimming Pool

地址:沙田穗禾路麗禾里3號 No. 3 Lai Wo Lane Fo Tan, Sha Tin, Hong Kong

專用泳線
Exclusive

幼兒、初、中、高班分組同時進行(適合3歲或以上學員參加)

Nursery, Elementary, Intermediate & Advanced classes will proceed in the same time slot(Suitable For Children aged 3 or above)

備註:家長可免費入場觀看子女,需自備清潔泳池拖鞋方可進入泳池

Remarks: Free entry for Parents/Guardians. Please be reminded to bring and change your own clean slippers before entering the pool

編號 Code	日期 Period	星期 Day	時間 Time	每堂 Per lesson	堂數 Lessons	費用 Fee
ST6	25/7-12/9	六 Sat	12:00-1:00pm 1:00-2:00pm 2:00-3:00pm 3:00-4:00pm 4:00-5:00pm	\$160	8	\$1,280
ST7	26/7-13/9	日 Sun	10:00-11:00am 11:00-12:00nn			

現凡同時報兩個課程即可獲優惠\$100 ;

報三個游泳課程即可獲優惠\$200

Enroll 2 courses for a discount of \$100, while 3 courses can less \$200!

思貝禮國際學校 室內恆溫游泳池

Shrewsbury International School Hong Kong
Heated Swimming Pool

地址:將軍澳石角路10號 10 Shek Kok Road, Tseung Kwan O

幼兒、初、中、高班分組同時進行(適合3歲或以上學員參加) Nursery,Elementary, Intermediate & Advanced classes will proceed in the same time slot(Suitable For Children aged 3 or above)

康城港鐵站C出口

- 巴士298E 坑口站公共運輸交匯處至環保大道
- 巴士797M 港鐵將軍澳站至環保大道
- 巴士796X 尖沙咀東至環保大道
- 小巴112A 或 112M 康城港鐵站至峻滢 步行1分鐘
- 小巴113坑口至峻滢(循環線)

編號 Code	日期 Period	星期 Day	時間 Time					每堂 Per lesson	堂數 Lessons	費用Fee
SBS13	3/8-24/8	一、三 Mon,Wed	10:00-11:00am	11:00-12:00nn	12:00-1:00pm	1:00-2:00pm	2:00-3:00pm	\$180 \$130	7	\$910
	1/7-24/8		3:00-4:00pm	4:00-5:00pm	5:00-6:00pm				16	\$2,080
SBS24	4/8-20/8	二、四 Tue,Thurs	10:00-11:00am	11:00-12:00nn	12:00-1:00pm	1:00-2:00pm	2:00-3:00pm	\$180 \$130	6	\$780
	2/7-20/8		3:00-4:00pm	4:00-5:00pm	5:00-6:00pm				15	\$1,950
SBS1	6/7-7/9	一 Mon	6:00-7:00pm	7:00-8:00pm	8:00-9:00pm			\$180 \$140	10	\$1,400
SBS2	7/7-8/9	二 Tue	6:00-7:00pm	7:00-8:00pm	8:00-9:00pm				11	\$1,540
SBS3	1/7-9/9	三 Wed	6:00-7:00pm	7:00-8:00pm	8:00-9:00pm					
SBS4	2/7-10/9	四 Thurs	6:00-7:00pm	7:00-8:00pm	8:00-9:00pm					
SBS5	7/8-21/8	五 Fri	10:00-11:00am	11:00-12:00nn	12:00-1:00pm	1:00-2:00pm	2:00-3:00pm	\$180 \$140	3	\$420
	3/7-21/8		3:00-4:00pm	4:00-5:00pm	5:00-6:00pm				8	\$1,120
	3/7-11/9		6:00-7:00pm	7:00-8:00pm	8:00-9:00pm					
SBS6	4/7-12/9	六 Sat	10:30-11:30am	11:30-12:30pm	12:30-1:30pm	2:30-3:30pm	3:30-4:30pm	\$180 \$140	11	\$1,540
			4:30-5:30pm	5:30-6:30pm						
SBS7	5/7-13/9	日 Sun	9:00-10:00am	10:00-11:00am	11:00-12:00nn	12:00-1:00pm	1:00-2:00pm			

競賽訓練班Competitive Course

編號 Code	日期 Period	星期 Day	時間 Time		優惠價	堂數 Lessons	費用Fee
SBS-T6	4/7-12/9	六 Sat	3:00-4:30pm	4:30-6:00pm	\$200 \$170	11	\$1,870
SBS-T7	5/7-13/9	日 Sun	10:00-11:30am	11:30-1:00pm			

現凡同時報兩個課程即可獲優惠\$100 ;

報三個游泳課程即可獲優惠\$200

Enroll 2 courses for a discount of \$100,while 3 courses can less \$200!

新增報名地點

小宇宙語言及藝術中心 Little Cosmos

地址: 新界將軍澳唐德街9號將軍澳中心商場二樓206號舖

(將軍澳地鐵站B出口)

電話 : 3162 3188 / 3162 3168

**Little
Cosmos**
Little Cosmos Language & Art Centre
小宇宙語言及藝術中心

*由於租訂泳池之申請有待作實，如日期有任何更改，本會將另行通知。Special cancellation notice will be given upon any changes to the pool booking.

speedo

保良局羅氏基金中學室內恆溫游泳池

Po Leung Kuk Laws Foundation College
Indoor Heated Swimming Pool

地址：香港將軍澳陶樂路8號 8, To Lok Road, Tseung Kwan O

■寶琳港鐵站 A1出口

- 巴士290(彩明站 到 富麗花園/怡心園)
- 巴士290X(康城站 到 富麗花園/怡心園)
- 小巴 10M(觀塘裕民坊 到 慧安園)

幼兒、初、中、高班分組同時進行(適合3歲或以上學員參加)

Nursery, Elementary, Intermediate & Advanced classes will proceed in the same time slot (Suitable For Children aged 3 or above)

△附設成人班\$1400(10堂)參加人數如不足4人，將會取消

△Adult class, \$1400(10 lessons), will be cancelled if less than 4 participants

編號 Code	日期 Period	星期 Day	時間 Time				優惠價	堂數 Lessons	費用 Fee	
LFC13	1/7-31/8	一、三 Mon, Wed	3:00-4:00pm	4:00-5:00pm	5:00-6:00pm	\$180	18	\$2,340		
LFC24	2/7-27/8	二、四 Tue, Thurs	3:00-4:00pm	4:00-5:00pm	◆5:00-6:00pm ◆(不適合中及高級班)	\$130	17	\$2,210		
LFC5	3/7-28/8	五 Fri	3:00-4:00pm	4:00-5:00pm	5:00-6:00pm	\$180 \$140	9	\$1,260		
LFC13	27/7-31/8	一、三 Mon, Wed	10:00-11:00am	11:00-12:00nn	12:00-1:00pm	1:00-2:00pm	2:00-3:00pm	\$180	11	\$1,430
LFC24	28/7-27/8	二、四 Tue, Thurs	10:00-11:00am	11:00-12:00nn	12:00-1:00pm	1:00-2:00pm	2:00-3:00pm	\$130	10	\$1,300
LFC5	31/7-28/8	五 Fri	10:00-11:00am	11:00-12:00nn	12:00-1:00pm	1:00-2:00pm	2:00-3:00pm	\$180 \$140	5	\$700
LFC1	6/7-7/9	一 Mon	6:00-7:00pm	△7:00-8:00pm	△8:00-9:00pm	\$180 \$140	10	\$1,400		
LFC2	7/7-8/9	二 Tue	◆6:00-7:00pm ◆(不適合中及高級班)	△7:00-8:00pm △8:00-9:00pm						
LFC3	1/7-9/9	三 Wed	6:00-7:00pm	△7:00-8:00pm	△8:00-9:00pm					
LFC4	2/7-10/9	四 Thurs	◆6:00-7:00pm ◆(不適合中及高級班)	△7:00-8:00pm △8:00-9:00pm						
LFC5	3/7-11/9	五 Fri	6:00-7:00pm	△7:00-8:00pm	△8:00-9:00pm					
LFC6	4/7-12/9	六 Sat	8:30-9:30am	9:30-10:30am	10:30-11:30am				11:30-12:30pm	12:30-1:30pm
LFC7	5/7-13/9	日 Sun	1:30-2:30pm	2:30-3:30pm	3:30-4:30pm				4:30-5:30pm	
			9:00-10:00am	10:00-11:00am	11:00-12:00nn	12:00-1:00pm	2:00-3:00pm	11	\$1,540	
			3:00-4:00pm	4:00-5:00pm	5:00-6:00pm	6:00-7:00pm				

競賽訓練班 Competitive Course

編號 Code	日期 Period	星期 Day	時間 Time	優惠價	堂數 Lessons	費用 Fee
LFC-T5	3/7-11/9	五 Fri	6:00-7:30pm	\$190 \$170	11	\$1,870
LFC-T6	4/7-12/9	六 Sat	5:30-7:00pm			
LFC-T7	5/7-13/9	日 Sun	10:00-11:30am			

現凡同時報兩個課程即可獲優惠\$100；

報三個游泳課程即可獲優惠\$200

Enroll 2 courses for a discount of \$100, while 3 courses can less \$200!



*由於租訂泳池之申請有待作實，如日期有任何更改，本會將另行通知。Special cancellation notice will be given upon any changes to the pool booking.

喇沙書院室外游泳池 La Salle College Outdoor Swimming Pool

地址:九龍塘喇沙利道18號 18 La Salle Road, Kowloon Tong

水深:1米至4.2米(50米專線) Water depth:1m-4.2m (50m exclusive lanes)

幼兒或初級班可於活動纖維台上習泳

Additional platform for Nursery & Elementary classes



幼兒、初、中、高班分組同時進行(適合3歲或以上學員參加)

Nursury, elementary, Intermediate & Advanced classes proceed in the same time slot (Suitable For Children aged from 3 or above)

備註:家長可免費入場觀看子女,需自備清潔泳池拖鞋方可進入泳池

Remarks: Free entry for Parents/Guardians. Please be reminded to bring and change your own clean slippers before entering the pool

編號 Code	日期 Period	星期 Day	時間 Time				每堂 Per lesson	堂數 Lessons	費用 Fee
LS13	27/7-31/8	一、三 Mon, Wed	9:00-10:00am	10:00-11:00am	11:00-12:00nn		\$155 \$145	11	\$1,595
	3/8-31/8		2:00-3:00pm	3:00-4:00pm	4:00-5:00pm	5:00-6:00pm		9	\$1,305
LS24	28/7-27/8	二、四 Tue, Thurs	9:00-10:00am	10:00-11:00am	11:00-12:00nn			10	\$1,450
	4/8-27/8		2:00-3:00pm	3:00-4:00pm	4:00-5:00pm	5:00-6:00pm		8	\$1,160
LS5	31/7-28/8	五 Fri	9:00-10:00am	10:00-11:00am	11:00-12:00nn			5	\$775
	24/7-28/8		2:00-3:00pm	3:00-4:00pm				6	\$930
	24/7-11/9		4:00-5:00pm	5:00-6:00pm	6:00-7:00pm				
LS6	25/7-12/9	六 Sat	8:45-9:45am	9:45-10:45am	10:45-11:45am	11:45-12:45pm	\$155	8	\$1,240
			2:15-3:15pm	3:15-4:15pm	4:15-5:15pm	5:15-6:15pm			
LS7	26/7-13/9	日 Sun	9:00-10:00am	10:00-11:00am	11:00-12:00nn	12:00-1:00pm			
			2:00-3:00pm	3:00-4:00pm					

競賽訓練班 Competitive Course

適合能以三種泳式以上游畢200公尺的學員 Suitable for Swimmers who could finish 200 M in each of three strokes.

編號 Code	日期 Period	星期 Day	時間 Time		每堂 Per lesson	堂數 Lessons	費用 Fee
LS-T6	25/7-12/9	六 Sat	2:15-3:45pm	3:45-5:15pm	\$180	8	\$1,440
LS-T7	26/7-13/9	日 Sun	9:00-10:30am	10:30-12:00nn			

現凡同時報兩個課程即可獲優惠\$100 ;

報三個游泳課程即可獲優惠\$200

Enroll 2 courses for a discount of \$100, while 3 courses can less \$200!

*由於租訂泳池之申請有待作實,如日期有任何更改,本會將另行通知。Special cancellation notice will be given upon any changes to the pool booking.

選定組別、泳池
及時間

填妥下列
表格

連同支票交回登記事
務員或郵寄本會

上課地點 Venues	支票抬頭 cheque payable to
聖保祿SP、南島SI、喇沙LS、康怡KHH/C、 羅氏基金LFC、啟歷KL、英皇佐治五世學校KG、 沙田學院ST 及 思貝禮SBS	海天游泳顧問有限公司 Hoi Tin Swimming Consultants Limited
其他游泳池 Other Swimming Pool	海天體育會有限公司 Hoi Tin Athletic Association Limited

現凡同時報兩個課程即可獲優惠\$100；
報三個游泳課程即可獲優惠\$200

☆本課程以先到先得的形式接受報名，有意參加泳班者，請從速報名。
☆學費包括泳帽及入場費
☆學費如以現金繳付，則務必直接交回本會辦事處辦理
☆

海天體育會游泳部及志佩游泳會有限公司主辦之2020年第三期公開游泳班報名表
Application Form for 3rd Session 2020 Course hosted by HTA & CPS

個人資料 Personal Information		學員編號 Student Number (Official use)	
學員姓名 Name	中文(Chinese)	英文(Eng.)	電話 Contact no.
出生日期 Date of birth	/ / (DD / MM / YYYY)	年齡 Age	性別 Sex
就讀學校 Name of school	班別 Class		上午 / 下午 / 全日 AM / PM / Whole Day
報讀資料 Course Information			
報讀一個課程: 泳班編號 Class Code: _____ 時間Time: _____ AM/PM		報讀兩個課程: 泳班編號 Class Code: _____ 時間Time: _____ AM/PM 泳班編號 Class Code: _____ 時間Time: _____ AM/PM 同時報兩個課程即可獲優惠\$100	
		報讀三個課程: 泳班編號 Class Code: _____ 時間Time: _____ AM/PM 泳班編號 Class Code: _____ 時間Time: _____ AM/PM 泳班編號 Class Code: _____ 時間Time: _____ AM/PM 同時報三個課程即可獲優惠\$200	
不論新生或舊生，首選泳班如被接納不再另行通知；如需確認報名或索取收據請自行致電本會查詢。 No notification will be given if first choice is accepted. Parents are welcome to call for confirmation.			
組別	<input type="checkbox"/> 幼兒 Nursery	<input type="checkbox"/> 初級 Elementary	<input type="checkbox"/> 中級 Intermediate
	<input type="checkbox"/> 高級 Advanced	<input type="checkbox"/> 競賽訓練班 Competition Training	<input type="checkbox"/> 泳隊預備組 Pre-Team
	<input type="checkbox"/> 成人 Adult		
游泳能力 Swimming ability :	<input type="checkbox"/> 由教練評核 Access by coach <input type="checkbox"/> 不懂游泳 Do not know <input type="checkbox"/> 曾學游泳 Have learnt before <input type="checkbox"/> 能掌握 Able to swim _____ 種泳式並能完成50公尺或以上 _____ strokes for 50m or above		
聲明 Disclaimer			
本人同意小兒/小女參加貴會主辦之游泳班，並聲明其身體狀況適合游泳。本人當緊守貴會所訂明的規例及同意子女在練習期間服從教練及領隊之指示，並同意不會因參加任何在上課期間所蒙受的身體傷亡及財物損失而向貴會及職員作金錢上或其他方面的賠償要求。 I agree that my son/ daughter to participate in the swimming course of your Association and claimed that his/ her health condition is suitable for swimming. I agree to follow the rules and regulations of your Association and agree my son/ daughter to obey the instructions given by the coach during the training classes. I declare that I will bear all costs of any sufferings, injuries and damage of belongings during the participation of any swimming classes and will not ask for compensation of any kind from your Association.			
請假 Leave	家長姓名 Name of Parent	家長簽名 Signature of Parent	日期 Date (DD/MM/YY)
請假日期 Date of Abs	一個課程只限一天 For Once Only		
請於開班後自行致電本會預約補課 Please call the office for make up arrangement			
Official use only:	Received by:	Cash/Cheque:	A/C received by: Remarks: