



舊生請於**9/3**前繳費, 逾期學位將開放予新 生報名,不設留位。

海天體育會游泳部
HOI TIN ATHLETIC ASSOCIATION
志佩游泳會有限公司
CHI PUI SWIMMING CLUB LIMITED
主辦之2019年第二期游泳班章程

本會簡介及宗旨

本會自1947年成立至今,在過去一直推動游泳發展,藉以提高香港游泳水平。歷年來,本會有多名泳員打破香港紀錄,並代表香港參加國際賽事均有出色表現。2011年世界盃短池賽,泳員<u>黃鍇威</u>於男子200米自由泳勇奪金牌,同時亦是香港在世界賽游泳項目的首面金牌,成績令人鼓舞;泳員**郭建明**於第十三屆亞運會中奪得一面男子四百米自由泳銅牌;泳員<u>李亮葵</u>於第十五屆亞運會中奪得一面自由泳接力銅牌;泳員<u>馬希彤及于蕙婷</u>於第十六屆亞運會中再創佳績,共奪得兩面銅牌。另外更於2014年仁川亞運會中,本會亦有2女8男代表香港出戰游泳項目,泳員<u>鄭莉梅</u>於女子4x100米及4x200米自由泳接力奪得兩面銅牌,泳員黃竟豪、黃鍇威、麥浩麟及張健達於男子4x100米自由泳接力賽奪得一面銅牌,再一次為泳壇發放異彩。

而本會的教學宗旨是貫徹採用實用及有效的新方法授泳·並保證習泳者之安全及身心健康得以正常發展。使參加者在短期內學會游泳及提高游泳水準·從而享受游泳樂趣。

本會最新消息

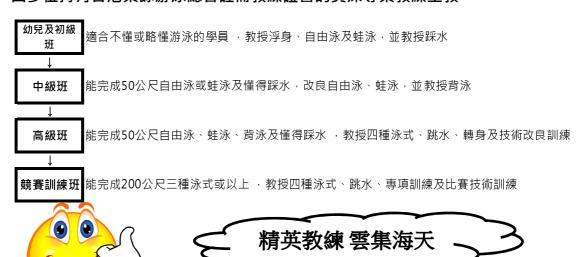
2018年第18屆印尼亞運會,港隊派出32名代表參賽;本會男泳員**卓銘浩、黃竟豪、王俊 仁、張健達、劉紹宇、麥浩麟、吳欣鍵**;女泳員**鄭莉梅、楊珍美、黃筠陶、林凱喬、廖 小喬、王芊霖**,共13名代表參賽;及港隊代表教練**樊偉添**

本會取得歷來最佳成績3面銀牌及3面銅牌:

黃筠陶、楊珍美、鄭莉梅勇奪4x100米四式接力銀牌;**鄭莉梅、楊珍美**勇奪4x200米自由泳接力銅牌;**鄭莉梅**勇奪4x100米自由泳接力銅牌;**林凱喬**打破400米個人混合泳分齡紀錄;**卓銘浩**400米、800米及1500米自由泳刷新香港紀錄及分齡紀錄!**黃竟豪、劉紹宇**聯同港隊代表合力刷新4x100混合接力香港紀錄。本會熱烈恭賀各位代表勇奪佳績,為港爭光!

教練資歷

由多位持有香港業餘游泳總會註冊教練證書的資深專業教練主教。



Having the most representatives of Olympics and ASIAD among all Swimming Clubs





2019 2nd Session hosted by HOI TIN ATHLETIC ASSOCIATION CHI PUI SWIMMING CLUB LIMITED

Beginners Level	Specially designed for children who have no or limited knowledge of swimming	Children will learn the basic swimming skills, including water safety, floating, kicking, basic beginner strokes such as freestyle and breaststroke and treading water
Intermediate Level	Students must be able to swim independently for 50 meters in either freestyle or breaststroke and possess some basics in treading water	Swimmers are challenged to increase their endurance by training more distance of freestyle and breaststroke, as well as elementary backstroke
Advanced Level	Students who can swim above 50 meters in freestyle, breaststroke, backstroke and possess some basics in treading water	Students are taught four swimming strokes. Introduction of more advanced skills such as diving, techniques turning and other racing
Race training	Students who can swim 200 meters in either 3 strokes or more	Students are taught four swimming strokes and racing techniques

Our Principles

Swimmers will be instructed at their levels and will learn stroke development and technique along with water safety and personal survival/techniques skills as they advances through the levels.

Important Notes

1)Successful applicants will NOT be notified. Parents are requested to arrange delivery and pick-up of their children on their own. Students should bring along their swimming gears, including swimming suits, goggles, towels and slippers (swimming caps will be provided and shall be worn in the class at all time) and report at the pool 15 minutes prior to the class according to the date and time in the time-table.

2)Only ONE make up class is allowed in each course for each student. Parents are requested to contact the office to check out the schedule for the make-up class at the second lesson. All make-up class should be proceeded within 6 months starting from the absent date.

3a)Outdoor Pool's classes will be cancelled if Typhoon No. 8 or above and Black/Red Rainstorm signal is hoisted within two hours from the class starts and make-up class will be scheduled. All classes will normally be held as scheduled when Typhoon Signal No. 3 or below is hoisted or when Yellow Rainstorm Signal is in force. Coaches will have the full authority to cancel the class depending on actual situation.

3b)Indoor Pool's classes will be cancelled if Typhoon No. 8 or above and Black Rainstorm signal is hoisted within two hours from the class starts and make-up class will be scheduled. All classes will normally be held as scheduled when Typhoon Signal No. 3 or below is hoisted or when Red Rainstorm signal/Yellow Rainstorm Signal is in force. Coaches will have the full authority to cancel the class depending on actual situation.

4)Parents are allowed to enter in the pool of St. Paul's Convent School, Spotlight Club, Kornhill Club, La Salle College, South Island School, Spotlight Recreation Club Indoor Swimming pool

5)Safety is always on top of our list. Students are strongly requested to follow the rules & regulations in the pool. In serious cases of indiscipline, students will be suspended from the class if it is felt that such disciplinary action is essential. All course fee will not be refunded.

6)Under no circumstances shall we be liable for any loss, damage, physical injury incurred or suffered by students.

7)Students should arrive to the swimming pool on time because continuity is very important to swimming.

8)The ratio of coach to students is 1:4nursery class), 1:6 (beginners class) and 1:8-10 (intermediate and advanced classes).

Small groups will be arranged when needed.

9) Learning journey will be issued for students who get passed in the last 3rd lesson during Feb. & Aug.

(\$30 will be charged for each additional certificate or reference letter)

10)Course fee is non-refundable and non-transferable unless the course is full or cancelled.

11)Under special circumstances, the Association reserves the right to change the coach, date, time and venue of the classes without priority notice.

Enrolment

Office hours: Mon to Fri 0930-1800, Sat 0930-1300, Sun & P.H. close

Please contact the office at 2572-1428 during office hours. Non-office hours, please contact 6645-1461,6477-4784. Fax: 2572-8468 Website: www.hoitin.net Email: info@hoitin.net

Contact Fax: 25/2

Release contact us for Private Coaching

★

Official fans page of Hoi Tin Swimming Association can now be found on Facebook. For latest information and photo sharing, please kindly refer to www.facebook.com/HoiTinSwimming

Please keep this brochure for reference

Fill in the application form, with the course fee in cheque (payable to Hoi Tin Swimming Consultants Ltd; overdue cheque is not acceptable) and:

(1) hand in to our staff at the pool entrance, or

(2) mail to Hoi Tin Swimming Consultants Ltd. at 27th Floor,83 Wan Chai Road, Wanchai, Hong Kong.

*Course fee in cash is only accepted for the enrolment is handed to our office.

Since vacancies are limited, new enrolment will be on first-come-first-serve basis. (The course fee includes the swim cap and the entrance fee)

speedo 🗡

聖保祿學校室內暖水游泳池

St. Paul's Convent School Indoor Heated Swimming Pool

地址:銅鑼灣禮頓道140號 140 Leighton Street, Causeway Bay

水深:0.9米至1.25米(25米專用泳線) Water depth: 0.9m-1.25m(25m exclusive lines)

初、中、高班分組同時進行(適合5歲或以上學員參加)

Elementary, Intermediate & Advanced classes will proceed in the same time slot(Suitable For Children aged from 5 or above)

△附設成人班\$1300(10堂)參加人數如不足4人,將會取消

△Adult class, \$1300(10 lessons), will be cancelled if there are less than 4 participants

附設池底專用台板,升高水位 Additional platform set up for raising the water level

備註:家長可免費入場觀看子女,需自備清潔泳池拖鞋方可進入泳池

Remarks: Free entry for Parents/Guardians.Please be reminded to bring and change your own clean slippers before entering the poo



Remark	s. Free entry	ioi Pareiii	.s/Guarulans.Pie	ase be reminued	to bring and cha	nge your own cie	an suppers before	entening	the poor	
編號 Code	日期 Period	星期 Day			時間 Time			每堂 Per lesson	堂數 Lessons	費用Fee
SP1	1/4-8/7	— Mon	4:00-5:00pm	5:00-6:00pm	6:00-7:00pm				15	\$2,250
SP2	2/4-9/7	二 Tue	4:00-5:00pm	5:00-6:00pm	6:00-7:00pm	7:00-8:00pm△		@¢150	15	\$2,250
SP3	3/4-10/7	≡ Wed	5:00-6:00pm	6:00-7:00pm	7:00-8:00pm△			@\$150	15	\$2,250
SP4	4/4-11/7	四 Thurs	4:00-5:00pm	5:00-6:00pm	6:00-7:00pm	7:00-8:00pm△			15	\$2,250
SP5	5/4-12/7	五 Fri	4:00-5:00pm	5:00-6:00pm	6:00-7:00pm	7:00-8:00pm	8:00-9:00pm		15	\$2,400
	13/4-13/7		8:00-9:00am△	9:00-10:00am	10:00-11:00am	11:00-12:00nn	12:00-1:00pm		14	\$2,240
SP6	13/4-13//	六Sat	1:00-2:00pm	2:00-3:00pm	3:00-4:00pm	4:00-5:00pm	5:00-6:00pm	@\$160	14	\$2,240
	6/4-13/7		6:00-7:00pm	7:00-8:00pm△	8:00-9:00pm			· @\$160	15	\$2,400
SP7	714 1417	□ C	1:00-2:00pm	2:00-3:00pm	3:00-4:00pm	4:00-5:00pm	5:00-6:00pm		15	\$2.400
SP/	7/4-14/7	∃ Sun	6:00-7:00pm△						13	\$2,400

幼兒班▲(適合3-4歲學員參加)

提示幼童可穿著游泳專用紙泳褲或學習褲

編號 Code	日期 Period	星期 Day			時間 Time			每堂 Per lesson	堂數 Lessons	費用Fee
SP1N	1/4-8/7	— Mon	4:00-4:50pm	5:00-5:50pm	6:00-6:50pm				15	\$2,550
SP2N	2/4-9/7	二 Tue	4:00-4:50pm	5:00-5:50pm	6:00-6:50pm				15	\$2,550
SP4N	4/4-11/7	四 Thurs	4:00-4:50pm	5:00-5:50pm	6:00-6:50pm				15	\$2,550
SP5N	5/4-12/7	五. Fri	4:30-5:20pm	5:30-6:20pm	6:30-7:20pm			@\$170	15	\$2,550
CDCN	12/4 12/7		8:30-9:20am	9:30-10:20am	10:30-11:20am	11:30-12:20pm	12:30-1:20pm		1.4	¢2.200
SP6N	13/4-13/7	六 Sat	1:30-2:20pm	2:30-3:20pm	3:30-4:20pm	4:30-5:20pm	5:30-6:20pm		14	\$2,380
SP7N	7/4-14/7	日 Sun	1:30-2:20pm	2:30-3:20pm	3:30-4:20pm	4:30-5:20pm	5:30-6:20pm		15	\$2,550

學前幼兒班 適合1歲半至3歲小童

*5堂為一個單位 (師生比例1:2)

編號 Code	日期 Period	星期 Day	時間 Time	堂數 Lessons	費用Fee
SP2PN	2/4-9/7	— Mon	6:00-6:30pm 6:30-7:00pm	5	\$1,450
SP6PN	13/4-13/7	二 Tue	9:00-9:30am	5	\$1,450

^{*}由於租訂泳池之申請有待作實,如日期有任何更改,本會將另行通知。Special cancellation notice will be given upon any changes to the pool booking.



島國際學校室內恆溫游泳池 South Island School Indoor Heated Swimming Pool

地址:香港仔南風道50號 50 Lam Fung Road, Aberdeen

專用泳池

以下是途經學校之巴士: 41A-北角碼頭至華富 或 76-銅鑼灣摩頓台至石排灣

Bus Routes which pass by the school are listed as below: 41A-North Point Harbour to Wah Fu OR 76-Causeway Bay(Moreton Terrace) to Shek Pai Wan

幼兒、初、中、高班分組同時進行(適合3歲或以上學員參加)

Nursery, Elementary, Intermediate & Advanced classes will proceed in the same time slot (Suitable For Children aged from 3 or above)

備註:家長可免費入場觀看子女,需自備清潔泳池拖鞋方可進入泳**池**

Remarks: Free entry for Parents/Guardians. Please be reminded to bring and change your own clean slippers before entering the pool

編號 Code	日期 Period	星期 Day			時間 Time	每堂 Per lesson	堂數 Lessons	費用Fee
SI7	7/4-14/7	⊟ Sun	2:00-3:00pm	3:00-4:00pm	4:00-5:00pm	@\$135	15	\$2,025

康怡花園二期H座室外游泳池Kornhill Phase II Block H Outdoor Swimming Pool

地址:鰂魚涌康怡花園康盛街12號 12 Hong Shing Street,Kornhill,Quarry Bay(Kornhill Recreation Club)

幼兒、初、中、高班分組同時進行(適合3歲或以上學員參加)

Nursery, Elementary, Intermediate & Advanced classes will proceed in the same time slot (Suitable For Children aged from 3 or above)

▲附設幼兒班(適合3 -4歲學員參加) ▲Nursery class, suitable for children aged from 3 -4

備註:家長可免費於看台上觀看上課情況 Remarks: Free entry of the Spectator's Area for Parents/Guardians.

編號 Code	日期 Period	星期 Day			時間 Time			每堂 Per lesson	堂數 Lessons	費用Fee
КНН5	17/5-28/6	五 Fri	4:00-5:00pm▲	5:00-6:00pm	6:00-7:00pm	7:00-8:00pm			7	\$945
КНН6	18/5-13/7	六 Sat	9:00-10:00am▲ 5:00-6:00pm	10:00-11:00am▲	, 2:00-3:00pm	3:00-4:00pm▲	4:00-5:00pm▲	@\$135	9	\$1,215
КНН7	19/5-14/7	⊟ Sun	9:00-10:00am▲	10:00-11:00am▲	. 11:00-12:00nn	4:00-5:00pm▲	5:00-6:00pm		9	\$1,215

*參加者必須為康怡花園俱樂部之課程活動會籍或學生會籍(專池時間除外)

辦理會藉支票抬頭: Kornhill Recreation Club Ltd

- **課程活動會藉(\$225 / 3個月)期由每月一號開始起計為期三個月, 只可續會一次(即每名人士可參與「課程活動會籍」為期最多六個月)。
- **學生會籍(\$345/3個月) 期由每月一號開始起,可續會至申請人年滿十八歲為限。

入會方法:請連同一張照片(照片背後請寫上姓名及聯絡電話)及費用**親臨**康怡花園俱樂部(H座對面)辦理

*All comers must be the course membership or student membership of Kornhill Recreation Club (Except Exclusive pool)

Cheque payable to: Kornhill Recreation Club Ltd

The course membership fee (\$225 / 3 month) Student membership (\$345 / 3 month)

Join method:Please attach your own photo ID, write down your ID card name & contact number at the back, with the membership fee to Kornhill Recreation Club.

本會尚於鰂魚涌康蘭居會所舉行游泳課程,詳情可致電康蘭居會所查詢。

康蘭居全天侯室內恆溫游泳池

地點: 鰂魚涌康山道2號康蘭居9樓(地鐵太古C出口/吉之島樓上) 康蘭居會所電話: 2886-2311 We organize swimming classes for Grand Waterful at Quarry Bay. Please feel free to call for details. **GRAND WATERFUL INDOOR HEATED SWIMMING POOL**

9/F., Grand Plaza Apartments, 2 Kornhill Road, Quarry Bay

(Exit C of Taikoo MTR station / above Jusco) Grand Waterful Club House Tel no.: 2886-2311

新增報名地點

Sunny Garden Smart Kids Centre 太陽 村



^{*}由於租訂泳池之申請有待作實,如日期有任何更改,本會將另行通知。Special cancellation notice will be given upon any changes to the pool booking



博藝會室內暖水游泳池

Spotlight Recreation Club Indoor Swimming pool

地址:九龍黃埔花園黃埔號(石船)B2 B2, The Whampoa Garden, Hung Hom

家長可免費入場觀看子女(需自備清潔拖鞋方可進入泳池)

水深:0.8米至1.9米(25米泳池),並設活動纖維台予幼兒及初班使用

幼兒、初、中、高班分組同時進行(適合3歲或以上學員參加)

Free entry for Parents/Guardians.

(Please bring along your own clean slippers for entering the pool)

Water depth: 0.8m-1.9m (25m Swimming Pool), Additional platform for Nursery & Elementary classes

Nursery, Elementary, Intermediate & Advanced classes will proceed in the same timeslot (Suitable for Children aged from 3 or above)

編號 Code	日期 Period	星期 Day			時間 Time			每堂 Per lesson	堂數 Lessons	費用Fee
SL1	1/4-8/7	→ Mon	4:30-5:30pm	5:30-6:30pm	6:30-7:30pm	7:30-8:30pm	8:30-9:30pm		15	\$2,325
SL2	2/4-9/7	二 Tue	4:00-5:00pm	5:00-6:00pm	6:00-7:00pm			@¢155	15	\$2,325
SL3	3/4-10/7	≅ Wed	4:30-5:30pm	5:30-6:30pm	6:30-7:30pm	7:30-8:30pm	8:30-9:30pm	@\$155	15	\$2,325
SL4	4/4-11/7	四 Thurs	4:00-5:00pm	5:00-6:00pm	6:00-7:00pm				15	\$2,325
SL5	12/4-12/7	五. Fri	3:30-4:30pm	4:30-5:30pm	5:30-6:30pm	6:30-7:30pm	7:30-8:30pm		14	\$2,310
SL6	6/4-13/7	六 Sat	8:30-9:30am	9:30-10:30am	10:30-11:30am	11:30-12:30pm	n 2:30-3:30pm		15	\$2 , 475
200	0/4-13/7	/\ 3at	3:30-4:30pm	4:30-5:30pm	5:30-6:30pm	6:30-7:30pm	7:30-8:30pm	@\$165	13	\$2,473
CI 7	14/4 14/7	□ €	8:00-9:00am	9:00-10:00am	10:00-11:00am	11:00-12:00nr	12:00-1:00pm		1.4	¢2.210
SL7	14/4-14/7	⊟ Sun	2:00-3:00pm	3:00-4:00pm	4:00-5:00pm				14	\$2,310

競賽訓練班 Competitive Course

適合能以四種泳式以上游畢200公尺的學員

Suitable for Swimmers who could finish 200m in each of the four strokes.

編號 Code	日期 Period	星期 Day	時間Time	每堂 Per lesson	堂數 Lessons	費用Fee
SL-T5	12/4-12/7	五 Fri	7:30-9:00pm		14	\$2,800
SL-T6	6/4-13/7	六 Sat	7:30-9:00pm	@\$200	15	\$3,000
SL-T7	14/4-14/7	∃ Sun	8:00-9:30am 9:30-11:00am		14	\$2,800

成人班 Adult Class

成人班以10堂為一單位,成人班參加人數如不足4人,將會取消

10 lessons for 1 course, class will be cancelled if there are less than 4 participants.

-經報名・必須於6個月內完成10堂課程・逾期無效。10 lessons should be completed within 6 months.

編號 Code	日期 Period	星期 Day	時間Time	堂數 Lessons	費用Fee
01.0245	014 0016	二至五	7:00-8:00am△ 8:00-9:00am△	\$800(每月)	
SL2345	2/4-28/6	Tue to Fri	※以上月費成人班只適用於能完成25米泳式者 ※The monthly fee is only applicable to swimmers who can finish 25m	per month	1
SL24	2/4-27/6	二、四 Tue, Thurs	8:00-9:00am△ 9:00-10:00am△	10	\$1,250
SL1	1/4-24/6	→ Mon	8:30-9:30pm △	10	\$1,550

^{*}由於租訂泳池之申請有待作實,如日期有任何更改,本會將另行通知。Special cancellation notice will be given upon any changes to the pool booking.



啟歷國際學校室內恆溫游泳**池**

Kellett School The British international School in Hong Kong Indoor Heated Swimming Pool

地址:九龍灣臨興街7號 7 Lam Hing Street, Kowloon Bay

(25米專用泳線) (25m exclusive lines)

幼兒、初、中、高班分組同時進行(適合3歳或以上學員參加)

Nursury, elementary, Intermediate & Advanced classes will be divided into different groups(suitable for children aged from 3 or above)

備註:家長可免費入場觀看子女,需自備清潔泳池拖鞋方可進入泳池

Remarks: Free entry for Parents/Guardians. Please be reminded to bring and change your own clean slippers before entering the pool

#啟歷國際學校室內恆溫游泳池於八號或以上颱風訊號、紅色或黑色暴雨警告訊號停課。

#Kellett School The British international School if Typhoon No.8 or above and Black/red Rainstorm signal is hosted.

編號 Code	日期 Period	星期 Day	時間Time	每堂 Per lesson	堂數 Lessons	費用Fee
KL7	7/4-23/6 (21/4,28/4, 12/5,19/5停suspend)		10:00-11:00am 11:00-12:00nn 12:00-1:00pm	@\$160	8	\$1,280

喇沙書院室外游泳池 La Salle College Outdoor Swimming Pool

地址:九龍塘喇沙利道18號 18 La Salle Road, Kowloon Tong

水深:1米至4.2米(50米專線) Water depth:1m-4.2m (50m exclusive lanes)

幼兒或初級班可於活動纖維台上習泳

Additional platform for Nursery & Elementary classes

<u>幼兒、初、中、高班分組同時進行(適合3歲或以上學員參加)</u>

Nursury, elementary, Intermediate & Advanced classes proceed in the same time slot (Suitable For Children aged from 3 or above)

備註:家長可免費入場觀看子女,需自備清潔泳池拖鞋方可進入泳池

Remarks: Free entry for Parents/Guardians. Please be reminded to bring and change your own clean slippers before entering the pool

編號 Code	日期Period	星期 Day			時間 Time			每堂 Per lesson	堂數 Lessons	費用Fee
LS5	5/4-12/7	五 Fri	4:00-5:00pm	5:00-6:00pm	6:00-7:00pm	7:00-8:00pm			15	\$2,175
LS6	6/4-13/7	六 Sat	8:45-9:45am	9:45-10:45am	10:45-11:45am	11:45-12:45pm	2:15-3:15pm		15	\$2,175
F30	0/4-13/7	/\ Sat	3:15-4:15pm	4:15-5:15pm	5:15-6:15pm			@\$145	15	Φ2,173
LS7	7/4-14/7	⊟ Sun	9:00-10:00am	10:00-11:00am	11:00-12:00nn	12:00-1:00pm	2:00-3:00pm		15	\$2,175
F91	//4-14//	⊔ Sun	3:00-4:00pm						13	φ2,173

競賽訓練班 Competitive Course

適合能以三種泳式以上游畢200公尺的學員 Suitable for Swimmers who could finish 200 M in each of three strokes.

	詩號 ode	日期 Period	星期 Day	時間Time	每堂 Per lesson	堂數 Lessons	費用Fee
LS	S-T6	6/4-13/7	六 Sat	2:15-3:45pm 3:45-5:15pm	@¢170	15	\$2,550
LS	S-T7	7/4-14/7	⊟ Sun	9:00-10:30am	@\$170	15	\$2,550

沙田學院室內恆溫游泳池Sha Tin College Indoor Heated Swimming Pool

地址:沙田穗禾路麗禾里3號 No. 3 Lai Wo Lane Fo Tan, Sha Tin, Hong Kong

幼兒、初、中、高班分組同時進行(適合3歲或以上學員參加)

Nursery, Elementary, Intermediate & Advanced classes will proceed in the same time slot(Suitable For Children aged from 3 or above)

備註:家長可免費入場觀看子女,需自備清潔泳池拖鞋方可進入泳池

Remarks: Free entry for Parents/Guardians. Please be reminded to bring and change your own clean slippers before entering the pool

編號 Code	日期 Period	星期 Day	時間 Time	每堂 Per lesson	堂數 Lessons	費用Fee
ST6	6/4-13/7	六 Sat	12:00-1:00pm 1:00-2:00pm 2:00-3:00pm	@\$150	15	\$2,250

專用泳線

思貝禮國際學校室內恆溫游泳池

SHREWSBURY INTERNATIONAL SCHOOL HONG KONG HEATED SWIMMING POOL



地址:將軍澳石角路10號 10 Shek Kok Road, Tseung Kwan O 幼、初、中、高班分組同時進行(適合3歲或以上學員參加) 備註:家長可免費入場觀看子女,需自備清潔泳池拖鞋方可進入泳池

編號	日期	星期		時間		原價 每堂	優惠價	堂 數	費用
SBS1	6/5-8/7	1	6:00-7:00pm	7:00-8:00pm	8:00-9:00pm			10	\$1000
SBS2	7/5-9/7	=	6:00-7:00pm	7:00-8:00pm	8:00-9:00pm			10	\$1000
SBS3	1/5-10/7	Ξ	6:00-7:00pm	7:00-8:00pm	8:00-9:00pm			11	\$1100
SBS4	2/5-11/7	四	6:00-7:00pm	7:00-8:00pm	8:00-9:00pm			11	\$1100
SBS5	3/5-12/7	<i>五</i> .	6:00-7:00pm	7:00-8:00pm	8:00-9:00pm			11	\$1100
	4/5-13/7		10:30-11:30am	11:30-12:30pm		@\$160	@\$100	11	\$1100
SBS6		六	2:00-3:00pm	3:00-4:00pm	4:00-5:00pm				
	25/5-13/7		5:00-6:00pm					8	\$800
			9:00-10:00am	10:00-11:00am	11:00-12:00nn				
SBS7	5/5-14/7	日	12:00-1:00pm	1:00-2:00pm				11	\$1100

競賽訓練班

編號	日期	星期	時間		原價每 堂	優惠價	堂數	費用
SBS-T6	25/5-13/7	六	3:00-4:30pm	4:30-6:00pm	@\$190	@ \$170	8	\$1360
SBS-T7	5/5-14/7	П	10:00-11:30am	11:30-1:00pm	G \$130	G \$170	11	\$1870

泳隊預備組

編號	日期	星期	時間	費用
P15A	1/5-26/6	一,三	6:00-7:30pm	
P15B	2/5-27/6	二,四	6:00-7:30pm	\$2100

保良局羅氏基金中學室內暖水游泳池

PO LEUNG KUK LAWS FOUNDATION COLLEGE INDOOR HEATED SWIMMING POOL

地址:將軍澳陶樂路8號 8, To Lok Road, Tseung Kwan O 幼、初、中、高班分組同時進行(適合3歲或以上學員參加) 備註:家長可免費入場觀看子女,需自備清潔泳池拖鞋方可進入泳池

編號	日期	星期		時間		原價	優惠價		費用
LFC1	1/4-8/7		6:00-7:00pm	7:00-8:00pm	8:00-9:00pm	少王		15	\$1800
LFC2	2/4-9/7	=	6:00-7:00pm	7:00-8:00pm	8:00-9:00pm			15	\$1800
LFC3	3/4-10/7	三	6:00-7:00pm	7:00-8:00pm	8:00-9:00pm	-		15	\$1800
LFC4	4/4-11/7	四	6:00-7:00pm	7:00-8:00pm	8:00-9:00pm			15	\$1800
LFC5	5/4-12/7	五.	6:00-7:00pm	7:00-8:00pm	8:00-9:00pm	1		15	\$1800
			8:00-9:00am	9:00-10:00am	10:00-1100am				
			11:00-12:00nn	12:00-1:00pm	2:00-3:00pm				
LFC6	6/4-13/7	六	3:00-4:00pm	4:00-5:00pm	5:00-6:00pm			15	\$1800
			6:00-7:00pm	7:00-8:00pm		@\$160	@\$120		
			8:00-9:00am	9:00-10:00am	10:00-1100am	1			
			11:00-12:00nn	12:00-1:00pm	2:00-3:00pm				
LFC7	7/4-14/7	日	3:00-4:00pm	4:00-5:00pm	5:00-6:00pm			15	\$1800
			6:00-7:00pm	7:00-8:00					

競賽訓練班

編號	日期	星期	時間	原價每堂	優惠價	堂數	費用
LFC-T5	5/4-12/7	五	6:00-7:30pm				
LFC-T6	6/4-13/7	六	3:00-4:30pm	@\$190	@\$170	15	\$2550
LFC-T7	7/4-14/7	日	10:30-12:00nn 14:30-16:00pm				

泳隊預備組

編號	日期	星期	時間	費用
P16A	3/4-28/6	三,五	6:00-7:30pm	42400
P16B	1/4-27/6	一,四	6:00-7:30pm	\$2100

報名程序

選定 >組別 >泳池 >時間

- 2) 填妥下列表格, 連同支票
- 3) 交回登記事務員或郵寄本會
- 4) 首選泳班如被接納不再另行通知;如需確認報名或索取收據請自行致電本會查詢。
- 5) 除課程滿額或取消外,一切已繳費用,概不退還,亦不得轉讓他人或作其他用途。

課堂須知

- 1)請按照所報班別之時間和地點·於上課前15分鐘到達泳池報到·家長請自行接送子女。
- 2) 請帶齊泳衣褲、泳鏡、毛巾、拖鞋等、每次上課時必須戴上本會泳帽。(提示幼童可穿著游泳專用紙泳褲或學習褲)
- 3) 本會著重安全第一·因此參加者必須遵守泳員守則·聽從教練指示·未經許可不得上水或下水·違規者將勒令即時退出·所繳費用則不獲發還。
- 4) 教練與學生比例均為1:4(幼兒班)、1:4-6(初級班)及1:8-12(中級、高級班)、並分組教授。
- 5) 如學員蒙受任何身體損傷或財物損失 本會概不負責。
- 6) 如遇特別情況 本會保留更改課程原定導師、上課時間及地點之權利。

請假/補堂

use only:

- 1)游泳訓練的連貫性十分重要、為了達到合理的成效、學員必須盡量依時出席。
- 2)不論任何請假·每期不可多於一堂·可於開班後自行致電本會預約補課·亦必 須於請假日期起半年內進行補課·逾期概不受理。
- 3) 補課當日缺席之學員(不論任何情況)將不獲第2次補課安排。

上課地點Venues	支票抬頭 cheque payable to
聖保祿SP、南島SI、喇沙LS	海天游泳顧問有限公司
博藝會SL、羅氏基金LFC	Hoi Tin Swimming Consultants
啟歷KL、沙田學院ST及思貝禮SBS泳池	Limited
其他游泳池	海天體育會有限公司
Other Swimming Pool	Hoi Tin Athletic Assœiation Limited

天氣安排

所有室外游泳池

- 1a) 若天文台於上課前兩小時內懸掛八號或以上颱風訊號、紅色或黑色暴雨警告訊號,當天訓練將會取消,日後補課。
- 1b) 而雷暴或大雨則照常上課·教練會按情況作出適當處理。

所有室内游泳池

- 2a)若天文台於上課前兩小時內懸掛八號或以上颱風訊號、黑色暴雨警告訊號· 當天訓練將會取消· 日後補課。
- 2b) 紅色暴雨警告訊號、雷暴或大雨則照常上課·教練會按情況作出適當處理。

進度評核

- 1) 學員安排於每年3月及8月泳班完結前的第三堂進行評估 · 讓家長了解學員的進度及獲發成績報告表 · 並按程度升遷及調配 。
- 2) 如需額外發出證書或證明信 · 本會將收取每封\$30行政費

杳詢

全星期一至五:0930-1800·星期六:0930-1300 **第公時間**: **2010 2010**

星期日及公眾假期休息

辦公時間致電本會: 25721428 傳真: 25728468

非辦公時間電話: 66451461、64774784

辦事處: 灣仔灣仔道83號27樓

本會網址: http://www.hoitin.net 電郵地址: info@hoitin.net

Facebook: www.facebook.com/HoiTinSwimming

- ☆本課程以先到先得的形式接受報名,有意參加泳班者,請從速報名。
- ☆學費包括泳帽及入場費
- ☆學費如以現金繳付,則務必直接交回本會辦事處辦理☆
- ☆私人教授之時間及學費可致電本會查詢☆

海天體育會游泳部及志佩游泳會有限公司主辦之2019年第二期公開游泳班報名表 Application Form for 2nd Session 2019 Course hosted by HTA & CPS

個人資料 Personal Information				學員編號Student Number (Official use)					
學員姓名	中文(Chinese)			英文(Eng.)			電話	(1)	
Name							Contact no.	(2)	
出生日期		/	/	年齡			性別	女(F) /	里(M)
Date of bir	th	(DD /	MM / YYYY)	Age			Sex	又(1) /	95(N1)
就讀學校	Name of school					班別Class			/ 下午 / 全日 PM / Whole Day
報讀資料	Course Inform	nation				•			
(首選)	(1st choice)	泳斑編號C	lass Code:	時間	Time:	Al	M/PM		
(次選)	(2nd choice)	泳斑編號C	Class Code:	時間	時間Time:				
					通知;如需確認報名 accepted. Parents are w			旬。	
組別	口幼兒	口初級	口中級	口高級	口競賽訓練班	•	口泳隊預備組		口成人
	Nursery	Elementary	Intermediate	Advanced	Competition Tra	ining	Pre-Team		Adult
游泳能力		□由教練評	核 Access by coach	口不懂游	浡泳Do not know	口曾學游泳]	Have learnt before		
Swimming	; ability :	口能掌握 Al	ble to swim	種泳式並能完成50公尺或以上			strokes for 50m or above		
聲明 Disc	claimer								
課期間所蒙 I agree that m Association a	受的身體傷亡及財 ny son/daughter to pa nd agree my son/dau	物損失而向貴 會 articipant in the swin aghter to obey the in	r及職員作金錢上或其他 mming course of your Ass	也方面的賠償要求 ociation and claimed ach during the traini	that his/her health conditiong classes. I declare that I w	n is suitable for swim	nming. I agree to follow	w the rules and	regulations of your
請假 Leav	ve				家長姓名		家長簽名		日期
請假日期 Date of Abs	請於開班後日	自行致電本會預			Name of Parent		Signature of Pare	ent	Date (DD/MM/YY
	Please call the off	ice for make up a				<u> </u>	-		
Official	Received by:		Cash/Cheque:			A/C received by:		Remark s:	