Having the most representatives of Olympics and ASIAD among all Swimming Clubs





2018 3rd Session hosted by HOI TIN ATHLETIC ASSOCIATION CHI PUI SWIMMING CLUB LIMITED

Beginners Level	Specially designed for children who have no or limited knowledge of swimming	Children will learn the basic swimming skills, including water safety, floating, kicking, basic beginner strokes such as freestyle and breaststroke and treading water				
Intermediate Level	Students must be able to swim independently for 50 meters in either freestyle or breaststroke and possess some basics in treading water	Swimmers are challenged to increase their endurance by training more distance of freestyle and breaststroke, as well as elementary backstroke				
Advanced Level	Students who can swim above 50 meters in freestyle, breaststroke, backstroke and possess some basics in treading water	Students are taught four swimming strokes. Introduction of more advanced skills such as diving, techniques turning and other racing				
Race training	Students who can swim 200 meters in either 3 strokes or more	Students are taught four swimming strokes and racing techniques				

Our Principles

Swimmers will be instructed at their levels and will learn stroke development and technique along with water safety and personal survival/techniques skills as they advances through the levels.

Important Notes

1)Successful applicants will NOT be notified. Parents are requested to arrange delivery and pick-up of their children on their own. Students should bring along their swimming gears, including swimming suits, goggles, towels and slippers (swimming caps will be provided and shall be worn in the class at all time) and report at the pool 15 minutes prior to the class according to the date and time in the time-table.

2)Only ONE make up class is allowed in each course for each student. Parents are requested to contact the office to check out the schedule for the make-up class at the second lesson. All make-up class should be proceeded within 6 months starting from the absent date.

3a)Outdoor Pool's classes will be cancelled if Typhoon No. 8 or above and Black/Red Rainstorm signal is hoisted within two hours from the class starts and make-up class will be scheduled. All classes will normally be held as scheduled when Typhoon Signal No. 3 or below is hoisted or when Yellow Rainstorm Signal is in force. Coaches will have the full authority to cancel the class depending on actual situation.

3b)Indoor Pool's classes will be cancelled if Typhoon No. 8 or above and Black Rainstorm signal is hoisted within two hours from the class starts and make-up class will be scheduled. All classes will normally be held as scheduled when Typhoon Signal No. 3 or below is hoisted or when Red Rainstorm signal/Yellow Rainstorm Signal is in force. Coaches will have the full authority to cancel the class depending on actual situation.

4)Parents are allowed to enter in the pool of St. Paul's Convent School, Spotlight Club, Kornhill Club, La Salle College, South Island School, Spotlight Recreation Club Indoor Swimming pool

5)Safety is always on top of our list. Students are strongly requested to follow the rules & regulations in the pool. In serious cases of indiscipline, students will be suspended from the class if it is felt that such disciplinary action is essential. All course fee will not be refunded.

6)Under no circumstances shall we be liable for any loss, damage, physical injury incurred or suffered by students.

7)Students should arrive to the swimming pool on time because continuity is very important to swimming.

8)The ratio of coach to students is 1:4nursery class), 1:6 (beginners class) and 1:8-12 (intermediate and advanced classes).

Small groups will be arranged when needed.

9) Learning journey will be issued for students who get passed in the last 3rd lesson during Mar. & Aug.

(\$30 will be charged for each additional certificate or reference letter)

10)Course fee is non-refundable and non-transferable unless the course is full or cancelled.

11)Under special circumstances, the Association reserves the right to change the coach, date, time and venue of the classes without priority notice.

Contact

Office hours: Mon to Fri 0930-1800, Sat 0930-1300, Sun & P.H. close

Please contact the office at 2572-1428 during office hours. Non-office hours, please contact 6645-1461,6477-4784. Fax: 2572-8468 Website: www.hoitin.net Email: info@hoitin.net

tact | Fax: 25/2-8468 | Website: www.hoitin.net | Extra | Please contact us for Private Coaching ★

Official fans page of Hoi Tin Swimming Association can now be found on Facebook. For latest information and photo sharing, please kindly refer to www.facebook.com/HoiTinSwimming

Please keep this brochure for reference

Enrolment

Fill in the application form, with the course fee in cheque and:

(1) hand in to our staff at the pool entrance, or

(2) mail to Hoi Tin Swimming Consultants Ltd. at 27th Floor,83 Wan Chai Road, Wanchai, Hong Kong.

☆Course fee in cash is only accepted for the enrolment is handed to our office.☆

Since vacancies are limited, new enrolment will be on first-come-first-serve basis. (The course fee includes the swim cap and the entrance fee)



喇沙書院室外游泳池 La Salle College Outdoor Swimming Pool

地址:九龍塘喇沙利道18號 18 La Salle Road, Kowloon Tong

水深:1米至4.2米(50米專線) Water depth:1m-4.2m (50m exclusive lanes)

幼兒或初級班可於活動纖維台上習泳

Additional platform for Nursery & Elementary classes

幼兒、初、中、高班分組同時進行(適合3歲或以上學員參加)

Nursury, elementary, Intermediate & Advanced classes proceed in the same time slot (Suitable For Children aged from 3 or above)

備註:家長可免費入場觀看子女,需自備清潔泳池拖鞋方可進入泳池

Remarks: Free entry for Parents/Guardians.Please be reminded to bring and change your own clean slippers before entering the pool

星期 Date	日期 Period	編號 Code	時間 Time	編號 Code	時間 Time	編號 Code	時間 Time	每堂 Per lesson	堂數 Lessons	費用 Fee	期數 Term
		LS13-0900	9:00-10:00am	LS13-1000	10:00-11:00am	LS13-1100	11:00-12:00nn				
	16/7 - 6/8	LS13-1400	2:00-3:00pm	LS13-1500	3:00-4:00pm	LS13-1600	4:00-5:00pm		7	\$1015	第一期 1st
<u> → , </u>		LS13-1700	5:00-6:00pm								
Mon,Wed		LS13A-0900	9: 00 -10: 00 am	LS13A-1000	10:00-11:00am	LS13A-1100	11: 00-12:00 nn				
	8/8-2 9 / 8	LS13A-1400	2:00-3:00pm	LS13A-1500	3:00-4:00pm	LS13A-1600	4:0 0-5:0 0pm		7	\$1015	第二期 2nd
		LS13A-1700	5:00-6:00pm								
	17 <i>/7-</i> 7/8	LS24-0900	9:00-10:00am	LS 24-1000	10:00-11:00am	LS 24-1100	11:00-12:00nn		7	\$1015	第一期 l st
		LS24-1400	2:00-3:00pm	LS 24-1 500	3:00-4:00pm	LS 24-1600	4:00-5:00pm				
二、四		LS24-1700	5:00-6:00pm								
Tue,Thur		LS24A-0900	9: 00 -10: 00 am	LS24A-1000	10:00-11:00am	LS24A-1100	11: 00-12:00n n	0.01.45			
	9/8-30/8	LS24A-1400	2:00-3:00pm	LS24A-1500	3: 00-4 :00pm	LS24A-1600	4:0 0-5:0 0 pm	@\$145	7	\$1015	第二期 2nd
		LS24A-1700	5:00-6:00pm								<u> </u>
	20/7-31/8	LS5-0900	9:00-10:00am	LS5-1000	10:00-11:00am	LS5-1100	11:00-12:00nn		7	\$1015	
五 Fri	20/7-14/9	LS5-1600	4:00-5:00pm	LS5-1700	5:00-6:00pm	LS 5-1800	6:00-7:00pm		0	\$1305	
		LS5-1900	7:00-8:00pm						9		
										1	
		LS6-0845	8:45-9:45am	LS6-0945	9:45-10:45am	LS6-1045	10:45-11:45am				全期
六 Sat	21/7-15/9	LS6-0845 LS6-1145	8:45-9:45am 11:45-12:45pm	LS6-0945 LS6-1415	9:45-10:45am 2:15-3:15pm	LS6-1045 LS6-1515	10:45-11:45am 3:15-4:15pm		9	\$1305	全期 Full term
六 Sat	21/7-15/9								9	\$1305	
		LS6-1145	11:45-12:45pm	LS6-1415	2:15-3:15pm						
六 Sat 日 Sun	21/7-15/9	LS6-1145 LS6-1615	11:45-12:45pm 4:15-5:15pm	LS6-1415 LS6-1715	2:15-3:15pm 5:15-6:15pm	LS6-1515	3:15-4:15pm		9	\$1305 \$1305	
	22/7-16/9	LS6-1145 LS6-1615 LS7-0900 LS7-1200	11:45-12:45pm 4:15-5:15pm 9:00-10:00am 12:00-1:00pm	LS6-1415 LS6-1715 LS7-1000 LS7-1400	2:15-3:15pm 5:15-6:15pm 10:00-11:00am 2:00-3:00pm	LS6-1515 LS7-1100	3:15-4:15pm 11:00-12:00nn				
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⊟ Sun 競賽訓	22/7-16/9	LS6-1145 LS6-1615 LS7-0900 LS7-1200 Compe 上游畢2002	11:45-12:45pm 4:15-5:15pm 9:00-10:00am 12:00-1:00pm titive Tr	LS6-1415 LS6-1715 LS7-1000 LS7-1400	2:15-3:15pm 5:15-6:15pm 10:00-11:00am 2:00-3:00pm	LS6-1515 LS7-1100 LS7-1500	3:15-4:15pm 11:00-12:00nn 3:00-4:00pm	each of 每堂 Per lesson	9 f three s 堂數	\$1305 strokes 費用	Full term

現凡同時報第一及第二期之暑假游泳課程即可獲優惠\$100 (除聖保祿學校室內游泳池、博藝會室內游泳池不設此優惠)

3:45-5:15pm

Enroll both the 1st and the 2nd terms of course at the same time can enjoy \$100 off the tuition. (except St. Paul's Convent School, Spotlight Club Swimming Pool)

*由於租訂泳池之申請有待作實,如日期有任何更改,本會將另行通知。Special cancellation notice will be given upon any changes to the pool booking.

LS-T6-1545



@\$170

全期

Full term

\$1530

21/7-15/9

22/7-16/9

六Sat

∃ Sun

LS-T6-1415

LS-T7-0900

2:15-3:45pm

9:00-10:30am

報名程序

選定 >組別 >泳池 >時間

- 2) 填妥下列表格, 連同支票
- 3) 交回登記事務員或郵寄本會
- 4) 首選泳班如被接納不再另行通知;如需確認報名或索取收據請自行致電本會查詢。
- 5) 除課程滿額或取消外·一切已繳費用· 概不退還·亦不得轉讓他人或作其他用途。

課堂須知

- 1) 請按照所報班別之時間和地點·於上課前15分鐘到達泳池報到·家長請自行接送子女。
- 2) 請帶齊泳衣褲、泳鏡、毛巾、拖鞋等,每次上課時必須戴上本會泳帽。
- 3) 本會著重安全第一,因此參加者必須遵守泳員守則,聽從教練指示,未經許可不得上水或下水,違規者將勒令即時退出,所繳費用則不獲發還。
- 4) 教練與學生比例均為1:4(幼兒班)、1:4-6(初級班)及1:8-12(中級、高級班)、並分組教授。
- 5) 如學員蒙受任何身體損傷或財物損失,本會概不負責。
- 6) 如遇特別情況,本會保留更改課程原定導師、上課時間及地點之權利。

請假/補堂

- 1)游泳訓練的連貫性十分重要,為了達到合理的成效,學員必須盡量依時出席。
- 2)不論任何請假·每期不可多於一堂·可於開班後自行致電本會預約補課·亦必 須於請假日期起半年內進行補課·逾期概不受理。
- 3) 補課當日缺席之學員(不論任何情況)**將不獲第2次補課安排。**

支票抬頭 cheque payable to

海天游泳顧問有限公司 Hoi Tin Swimming Consultants Limited

天氣安排

所有室外游泳池

1a) 若天文台於上課前兩小時內懸掛八號或以上颱風訊號、紅色或黑色暴雨警告訊號,當天訓練將會取消,日後補課。

1b) 而雷暴或大雨則照常上課,教練會按情況作出適當處理。

所有室內游泳池

2a)若天文台於上課前兩小時內懸掛八號或以上颱風訊號、黑色暴雨警告訊號· 當天訓練將會取消· 日後補課。

2b) 紅色暴雨警告訊號、雷暴或大雨則照常上課,教練會按情況作出適當處理。

進度評核

1) 學員安排於每年3月及8月泳班完結前的第三堂進行評估·讓家長了解學員的進度及獲發成績報告表·並按程度升遷及調配。

2) 如需額外發出證書或證明信,本會將收取每封\$30行政費

查詢

^{辨公时间。} 星期日及公眾假期休息

辦公時間致電本會: 25721428 傳真: 25728468

非辦公時間電話: 66451461、64774784

辦事處: 灣仔灣仔道83號27樓

本會網址: http://www.hoitin.net 電郵地址: info@hoitin.net

Facebook: www.facebook.com/HoiTinSwimming

☆本課程以先到先得的形式接受報名、有意參加泳班者、請從速報名。

☆學費包括泳帽及入場費

☆學費如以現金繳付‧則務必直接交回本會辦事處辦理☆

☆私人教授之時間及學費可致電本會查詢☆

海天體育會游泳部及志佩游泳會有限公司主辦之2018年第三期公開游泳班報名表 Application Form for 3rd Session 2018 Course hosted by HTA & CPS

個人資料	Personal Informat	tion		學員編號Student I	Number (Official us	se)			
學員姓名	中文(Chinese)			英文(Eng.)			電話	(1)	
Name							Contact no.	(2)	
出生日期		/	/	年齡			性別	女(F) /	男(M)
Date of birth	1	(DD / M	M / YYYY)	Age			Sex		
就讀學校	1					班別		上午	/ 下午 / 全日
Name of sch	<u>1001</u> Course Informat	tion				Class		AM /	PM / Whole Dav
報讀資料	Course Informat	LIOII							
□只參加]一期Join one terr	m 泳斑編號Cla	ass Code : (首選)(1	st choice)	(次	選)(2nd choice)			
□同時報	8名參加兩期Join	two terms							
泳班編號	:Class Code:(首語	選)(1st choice)		及	(次選)(2nd	d choice)	及_		
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	ı				pted. Parents are we	•			
組別	口幼兒	口初級	口中級	□高級	□競賽訓練班		口泳隊預備組		口成人
	Nursery	Elementary		Advanced	Competition Train	ning	Pre-Team		Adult
游泳能力		1	Access by coach	口不懂游泳D		_	Have learnt before		
Swimming a	ability:				50公尺或以上	S	trokes for 50m or at	oove	
聲明 Discl	aimer	7,32,1,32,1,111			(
本人同意小兒	1/小女參加貴 會主義				所訂明的規例及同意	子女在練習期間服	從教練及領隊之指示	,並同意不	會因參加任何在上課
			員作金錢上或其他方面 				· I C.111	1 1	1
		-	-		his/ her health condition is sses. I declare that I will				_
				ind from your Association		our an come or any	sarrerings, injuries and	unninge of o	orongmgs during the
請假 Leave	e				家長姓名		家長簽名		日期
請假日期			只限一天		Name of Parent		Signature of Parent	t	Date (DD/MM/YY)
Date of Abs	主主人用工工公 白:	行致電本會預約落	For Once Only						
	調が開切がを日 Please call the office								
			T	1	_			- In ,	
Official use only:	Received by:		Cash/Cheque:			A/C received by:		Remarks:	11-21
-			1			1			speedo <i>—</i>